

Waffle



November 2015





Orienteering in DORSET

Nov 2015 – January 2016

Looking for a local club?

Wimborne Orienteers covers most of the Dorset area outside Poole & Bournemouth.

www.wimborne-orienteers.org.uk

Wessex Orienteering Club covers the Poole, Bournemouth & Christchurch area

www.wessex-oc.org

Sarum Orienteering Club covers the South Wiltshire (Salisbury) area and North West Hampshire (Fordingbridge/Romsey) area. <http://www.sarumo.org.uk/>

LOCAL ORIENTEERING EVENTS OPEN TO ALL – Nov 2015 – Jan2016

WSX organise a weekly training session at Bournemouth University on Tuesdays – meet at the University Sports Centre at 5.45pm ready to run at 6pm. Changing rooms and showers available.

Sunday 25th October: Wessex Orienteering Club 'Dorset Delight' event at Wareham Forest North near Wareham. Starts 10.30am – 12.30pm. All welcome and suitable courses for beginners and juniors. Further details will be available on www.wessex-oc.org soon.

Saturday 31st October: BADO urban event at Basingstoke (warm-up event for November Classic)

See <http://www.bado.org.uk/> for further details

Sunday 1st November: Southampton Orienteering Club November Classic Event at BurleyWest in the New Forest. This event is also our WIM Championships for all our club members to take part in for the Founders Trophy See <http://www.southampton-orienteers.org.uk/> for further details

Monday 2nd November: SARUM Wessex Night League event at Salisbury. Starts from 6.15pm. .

See <http://sarumo.org.uk/> for further details. E-mail organiser to reserve a map. Hi-viz clothing mandatory for this event

Monday 9th November: Wimborne and Wessex Monthly Club Evening at Shillingstone near Blandford Forum - Wessex Night League event starts at 6.30pm and followed by the Planners Birthday Celebration to which all are invited. See <http://www.wimborne-orienteers.org.uk> E-mail organiser to reserve a map. Hi-viz clothing mandatory for this event

Sunday 15th November: SARUM Orienteering Club at Foxbury Plantation in New Forest. See <http://sarumo.org.uk/> for further details. All welcome and suitable courses for all the family.

Saturday 21st November: We are celebrating the 50th Anniversary of Orienteering in the South West with a joint WIM/WSX event sponsored by Activate at Moors Valley Country Park. On offer along with other activities will be Foot O and MTBO events in the afternoon followed by the cutting of the Birthday Cake and then as soon as it is dark more Foot O and MTBO for everyone to have a go at Night Orienteering. Special activities for juniors and the very young. Afternoon session starts at 1pm and finished for 4pm – Late session starts at 4.30pm and finished for 6pm.

See <http://www.wimborne-orienteers.org.uk> for further details

Monday 7th December: Wessex Orienteering Club Wessex Night League at Boscombe Chine (brand new map) Starts at 6.30pm. See www.wessex-oc.org for details. E-mail organiser to reserve a map. Hi-viz clothing mandatory for this event

Saturday 12th December: Wimborne Orienteers Coaching and Informal Event at Ringwood North near Verwood (entry from Ebblake). Meet at 1.30pm for afternoon of activities followed by Informal event. Ideal for all the family - all welcome. See www.wimborne-orienteers.org.uk for details.

Saturday 26th December: Wimborne Orienteers Boxing Day Canter at Moors Valley Country Park (access from Ringwood to Verwood Road). 60 minute event with usual Christmas novelties of Father Christmas, Fairies and Christmas Tree. 11am mass start. Ideal for families and all welcome. See www.wimborne-orienteers.org.uk for details.

Friday 1st January: SARUM Orienteering Club New Year Day event at Copehill Down, Salisbury Plain See <http://sarumo.org.uk/> for further details. All welcome and very suitable all the family

Monday 4th January: Wessex Orienteering Club Wessex Night League at Poole Old Town. Starts at 6.30pm. See www.wessex-oc.org for details. E-mail organiser to reserve a map. Hi-viz clothing mandatory for this event

Saturday 16th January: Wimborne Orienteers Coaching and Informal Event at Hurn Forest, St Ives. Meet at 1.30pm for afternoon of activities followed by Informal event. Ideal for beginners and juniors and all welcome. See www.wimborne-orienteers.org.uk for details.

Barbara Warren

8th July 1934 to 23rd October 2015



I first met Barbara and John at the Boxing Day Canter at Uddens Drive in 1976 when they were looking for a way to get fit. The family thoroughly enjoyed the event and the atmosphere and Barbara said that within two hours their lives had changed for ever.

Things took off rapidly from that first event from buying the right gear and travelling all over the country and eventually abroad in pursuit of the new found enthusiasm. It progressed to becoming a family way of life with regular competitions and event preparation enjoyed by Barbara, John and their children Richard and Alison.

In 1981 with a sense of trepidation, Barbara took over the reins as editor for the club magazine 'Waffle'. Barbara would invite, persuade, demand, badger or even plead with club members to write something for 'Waffle'. In those early days there were no computers and it was a question of typing up all contributions onto Gestetner masters and then run off by hand at A4 size. Barbara continued as editor of this much loved and informative magazine for 30 years. A true labour of love.

Barbara was always fully involved in all club events and activities and her memories included sitting for hours putting hundreds of paper maps into plastic bags ready to be heat sealed for JK 97. At JK 97 Barbara was one of a team led by Cris Tween to work on enquiries for 3 days. They were based in a freezing, windowless hall while competitors were complaining of the blazing sun and heat. She remembered holding hundreds of control cards up to the light to check punch marks, calculating the elapsed time and deciphering unreadable names. Other memories of her orienteering life included listening to the tops of trees breaking off in a blizzard at the Southern Championships in the New Forest and ploughing across open heathland as lightning was striking all over the purple heather of Helmsley Moor.

Barbara for many years looked after the club strip, often taking the stock of O tops and trousers to events for club members to buy. She was also to be seen at all WIM events manning Registration and Enquiries.

Many of you will have seen Barbara's article under 'Know Your Class Leader' in the August 2015 edition of Compass Sport and this could have been written as her own obituary.

Barbara mentioned that she had derived as much pleasure from the 'helping' aspect of orienteering as from the competitive. Barbara was always there supporting John in his roles as controller, organiser, planner and mapper, always willing to help and do whatever was needed.

Competitively Barbara took part in all the major events over the years including events in Sweden and Switzerland. In 1985 she won W50 on the limestone pavements of Ogof Ffynnon Ddhu and in 1986 she ran with Nikki Crawford and Jenny Thompson to win the W45 relay at the BOC. Barbara also in 2013 earned herself a place on the podium at the Scottish 6 days event. In 2014 she won the British Middle W80 class on Cannock Chase and just this year won the W80 class at the British Championships in the Forest of Dean. In 2000 Barbara was diagnosed with Parkinsons Disease but over the past 15 years she has been an inspiration to us all in not letting that deter her in any way from continuing to compete at events.

Barbara particularly enjoyed the Scottish Six Day Events and many club members will have fond memories of her hospitality at the Warren accommodation during these events.

Barbara was born in Birmingham and married John in 1963 after meeting on a Youth Hostel holiday in Northern Ireland. Prior to moving south to Ringwood they both taught and enjoyed the great outdoors in Derbyshire for 3 years. Before taking up orienteering they had always enjoyed walking, mountains and travel, with Barbara also playing Badminton which she continued until she was diagnosed with Parkinsons.

They travelled extensively in Europe especially in Spain and Norway. In 2009 Barbara and John organised a trip on the Hurtigruten along the Norwegian coast. This was a voyage they had done before and particularly enjoyed and it was a great pleasure for Madeleine, Richard Brightman and myself to join them on this holiday.

Barbara was also a founder member of the Ashley Heath Women's Institute and led regular walks for members. In addition she worked for 38 years in the Oxfam shop at Ringwood and in 2013 was awarded the British Empire Medal for her services. On the day of the announcement BBC South came to the shop to interview and film her. The medal was presented by the Lord Lieutenant of Hampshire in Winchester and this was followed by a Garden Party at Buckingham Palace in June 2014. A true highlight for her and very much deserved.

In 2013 Barbara and John celebrated their Golden Wedding with a memorable day with all the family on a canal boat near Stratford on Avon.

We have all lost a true friend who will be sadly missed and our thoughts at this time are with John, Alison, Richard and their families.

Trevor Bridle

Good times





In her own words

Mixed emotions at BOC 2015

Leaving home at 6.30am we enjoyed an almost traffic free drive from Ringwood to BOC 2015 in the Forest of Dean on a glorious spring morning. By luck the parking marshals placed us close to the road crossing between assembly and the 'arena', an interesting situation with people coming and going all day.

After the rocks and crags of the Lake District JK it was encouraging to wait at the start looking into a much softer woodland landscape. My course (23) was well planned to avoid the worst brashings and very steep

slopes, but it was by no means flat! Apart from moving too slowly, and trying to overcome the balance problems of Parkinsons Disease I made some idiotic route choices and had several minor falls. Worst of all, a 250m leg from control 7 to 8 took an incredible amount of time trying to find a very well concealed ditch bend, staggering in more and more erratic circles in the company of other wandering competitors.

The final indignity was to fall over quite painfully just below the final hillside up to the finish. I was overwhelmed by the kindness and concern of everyone who stopped to help and I was supported all the way up the slope where the finish team provided a chair, some water and a lot of sympathy. What thoughtful people orienteers are! Most of the competitors in my class were missing on the day, and I found myself on the podium as W80 British Champion, a rather embarrassing situation after such a poor run.

I would like to record my sincere thanks to my friends in WIM and further afield for giving me such generous help and encouragement. I am truly grateful.

After about 40 years of orienteering I'll be sad when I have to give it up. In the meantime I'll enjoy looking at a lovely silver salver and a British Championship medal.

Barbara Warren



CompassSport Trophy

hosted by SROC at Helsington Barrows, Kendal, Sun 18
October 2015



This weekend was our club event of the year and we have to thank Hilary Pickering for all the work she put into making it such an excellent club event for us all.

On Saturday it was a day of travelling round the area picking everyone up and then onwards to the Lake District and out Travelodge near Kendal. In the evening we had a superb meal in a local hotel - so our race preparation was excellent.

Sunday was cloudy but reasonably warm with little wind. Most seemed to already be eating breakfast across the road in the Motorway Services. Not long after 9am we were at the venue and raising the tent and WIM banner and well before 10am our first runner was on her way to the start.

The competition was certainly stiff and it quickly became obvious that there was a north/south divide in the results with the northern teams dominating the results. We varied between 3rd and 7th during the day, got announced as 6th at prizegiving but when the results were published had slipped to 7th. Out of the southern teams (Manchester and below) we had the best result - so something to be pleased about.

We unfortunately didn't achieve our aim of a top 3 place but we certainly worked hard at it and gave it our best shot.

We now have the first round of the 2016 competition to look forward in March.

Chris Branford

Pos.	Club	Score	1	2	3	4	5	6	7	8A	8B	9A	9B
1st	SROC	1329	0 (0)	90 (1)	199 (2)	100 (1)	189 (2)	189 (2)	186 (2)	92 (1)	92 (1)	192 (2)	0 (0)
2nd	INT	1320	199 (2)	187 (2)	186 (2)	192 (2)	174 (2)	0 (0)	0 (0)	196 (2)	0 (0)	88 (1)	98 (1)
3rd	EPOC	1229	90 (1)	199 (2)	0 (0)	188 (2)	183 (2)	96 (1)	97 (1)	94 (1)	88 (1)	98 (1)	96 (1)
4th	CLYDE	1211	191 (2)	180 (2)	184 (2)	188 (2)	87 (1)	85 (1)	0 (0)	0 (0)	196 (2)	0 (0)	100 (1)
5th	BL	1207	92 (1)	175 (2)	178 (2)	96 (1)	193 (2)	188 (2)	195 (2)	0 (0)	90 (1)	0 (0)	0 (0)
6th	MAROC	1188	85 (1)	183 (2)	98 (1)	185 (2)	199 (2)	98 (1)	0 (0)	0 (0)	176 (2)	164 (2)	0 (0)
7th	WIM	1175	89 (1)	0 (0)	191 (2)	0 (0)	176 (2)	172 (2)	197 (2)	88 (1)	84 (1)	0 (0)	178 (2)
8th	GO	1172	84 (1)	187 (2)	0 (0)	172 (2)	96 (1)	193 (2)	180 (2)	0 (0)	80 (1)	94 (1)	86 (1)
9th	SBOC	1153	192 (2)	178 (2)	83 (1)	169 (2)	169 (2)	88 (1)	0 (0)	98 (1)	86 (1)	90 (1)	0 (0)
10th	NATO	1111	184 (2)	78 (1)	86 (1)	77 (1)	75 (1)	189 (2)	174 (2)	0 (0)	78 (1)	0 (0)	170 (2)
11th	SOS	1082	160 (2)	171 (2)	159 (2)	70 (1)	0 (0)	167 (2)	171 (2)	86 (1)	98 (1)	0 (0)	0 (0)





"Brilliant pictures of so many highly tuned athletes!!!" *Kirsty Staunton (photo compiled by Jo Pickering)*



Thank you to Wendy Carlyle for the photographs below



The SW Galoppen series

I hope that you enjoyed your run on Sunday at the SARUM Galloppen. The event had a huge turnout and it made me wonder why WIM don't really figure in the Galloppen League in the SW. As our family grew up Barbara, Richard, Alison and I all found it to be a great way to gain competition experience and visit a whole variety of beautiful and challenging areas in the SW. It was a great day out for us all and we made many new friends.

The name Galoppen comes from Sweden, but the competition takes the form of a league where every club in the SW puts on one level C event per year that is designated as a part of the league. There are 9 events in the year starting in September. We held our event in September at Ibsley and the results of each event are collated into a league table with a whole series of classes. Details of the 2014/2015 league results are in the November edition of SINS and there are incentives for male, female, junior and senior runners in each of the colour coded courses culminating in a presentation to the winners at the SWOA AGM. Sadly this year WIM doesn't figure in the winners!

You don't have to do all of the events to be competitive because its a long trip for clubs like WIM to get to Cornwall, so although there is some travelling, if you want to get experience, run on contrasting terrain and meet more SW members, the Galoppen league is a great way get to see new places and build up your competition skills.

Previously WIM used to figure well up the age groups in the league but in recent years very few of us have taken part.

So far in the 2015-2016 series WIM have held their Galoppen at Ibsley, Kerno held their event on the sand dunes of Hale Towans nr St Ives, the Devon event was held at Haytor on the spectacular SE side of Dartmoor and the SARUM one took place on Sunday Nov 15th. Future dates are:

BOK Nov.29th New Beechenhurst – Forest of Dean (A long trip but well worth it - the terrain is like the New Forest with hills!)

NWO Jan 24th West Woods – near Marlborough (About 40 miles away. Mostly gloriously runnable chalk beech woods with hills and valleys)

QO Feb 28th St Audries - At the north end of the Quantock Hills not far from Minehead on the Somerset coast. Steep,rounded and well wooded it's a real challenge but fun!

WSX April 3rd TBA

NGOC April 10th Danby Lodge Another trip to the Forest of Dean but hopefully in glorious spring sunshine. If you haven't been to the Forest of Dean it's well worth the 100 mile trip.

Courses in the Galoppen League are: Brown, Blue, Green, Short Green, Light Green, Orange, and Yellow. All the details and scoring system for the Galoppen are on the SWOA website www.sworienteingassociation.co.uk.

Why not combine some exciting competition with exploring some beautiful parts of the SW of England. SWOA has some great terrain and it changed our life for the better. Maybe it could do the same for you!!!

John Warren

Photos from the SW Galoppen event hosted by Sarum at Foxbury



1	S Hands	W65	100	100		100		100	100	95	100		79	100	97	85		100	600	12	
2	W Bullen	W45	86	96				100	64	70				94	100	91			567	8	
3	T Horsler	W45	66	62			72	70	69	69	57		71	65	64	87		69	438	12	
4	K French	W45	61			65		66		69				60		71		58	392	7	
5	G Cross	W70	57			58			62	79			54			68			378	6	
6	A Crookshank	W21	68							85				83	69	68			373	5	
7	K Pike	W50	61	63							59		42	61	61			58	363	7	
8	C Christopher	W60	54	49		49		66		49				57	65	63		51	356	9	
9	H Hodge	W50	56								47			56	59	58		61	337	6	
10	H Pickering	W60	46	56						81				74				59	316	5	
11	R Ellis	W21		58		58				80			47			58			301	5	
12	W Heard	W50	55					61						54	78	48			296	5	
13	J Pickering	W21	70						66	81						75			292	4	
13	K Staunton	W55	90						71	68	63								292	4	
15	B Warren	W80		56		80			57		29		45						267	5	
16	J Stanley	W65	73	70										71				45	259	4	
17	J Bland	W75											57	49	52	55			213	4	
18	N Crawford	W70									50		42	64		49			205	4	
19	E Reynolds	W21	64					62		63									189	3	
20	D Tilsley	W60						58						65		63			186	3	
21	S Newman	W50	52					67								46			165	3	
22	N Harvey	W40							28	80				41					149	3	
23	D Mays	W55												64		39		42	145	3	
24	M Spillar	W35							62							75			137	2	
25	S Lawrence	W80						34						26		53			113	3	
26	N Miller	W45												100					100	1	
27	C Morris	W60	34					39	20										93	3	
28	P Marshall	W50	43					37											80	2	
29	S Calland	W40									77								77	1	
30	M Kite	W70											37			38			75	2	
31	M Hawker	W45						74											74	1	
32	L Branford	W65									56								56	1	
33	D Gannon	W55						47											47	1	
34	M Coatham	W45						46											46	1	
35	J Richardson	W45																26	26	1	
1	D Whittingham	M12	86			93				98	71	97		98					543	6	
2	H Br-Howard	M10									73		74	100	75	94		86	502	6	
3	F Smith	M18	69			48					84		58	64				61	384	6	
4	R Munday	M16						44						38	62	52			196	4	
5	M Br-Howard	M10												41	47	43		49	180	4	
6	T Coatham	M10	100	75															175	2	
7	C Woodley	M10								64				61					125	2	
8	O Miller	M12	51											70					121	2	
1	S Horsler	W14	100			69		59	100	64	77	99		40	95	100	71		100	594	12
2	E Horsler	W12	100					80		100	50	100		87	96	99	62		95	590	10
3	R Whittingham	W18	51						85	58		68		49					40	351	6
4	G French	W10	42			32								51		51			49	225	5
5	C Oakes	W12	47								39			36			38		56	216	5