

# SINS

No. 290

May 2015



South West  
Orienteering Association Newsletter

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*Joe Hudd in action at the JK*

*Picture by Claro Orienteer*

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*Men's Short Relay JK 201 (1<sup>st</sup> Sarum, 2<sup>nd</sup> Devon) Courtesy Peter Grierson*

## EDITORIAL

A lot has happened since the March edition. An early Easter saw a large number of SW orienteers heading to the Lakes for the JK with some excellent results. Then an early British Long Distance Championships held here in the SW. The venue made the most of the lack of undergrowth allowing those of you able to move quickly find direct routes to the controls. The parking and Event Village were well situated a short distance from the well organised Event Arenas for both the individual day and the relay day. This event is going to be a very hard act for the WMOA to follow.

With the 50<sup>th</sup> anniversary of SWOA taking place this November I would like some memories of the orienteering in the past and for the juniors, please could we have some thoughts on how you see orienteering developing in the future?

I am always on the lookout for more articles. Please do think about sending your article to me as well as your club newsletter.

Susan Hateley DEVON

## CHAIRMAN'S CHAT

Congratulations to everyone who had successes at the JK – especially to Joe Hudd BOK who had a clean sweep of all four races and was awarded the trophy for Best Male Performance. I don't know when that trophy was last awarded to a SW athlete, and it may be the first time that it has gone to a junior competitor.

Also well done to everyone who stood on the podiums at the British Championships. Thank you to BOK for staging the Championships in the Forest of Dean, and to all the helpers from other clubs who did their stints.

2015 is the 50<sup>th</sup> anniversary of the founding of SWOA. There will be various club activities held on or near Sunday 22<sup>nd</sup> November to mark the occasion. There will also be a celebratory buffet supper on Saturday 5<sup>th</sup> September at the Plume of Feathers (Princetown) in the evening after Day 1 of the Caddihoe Chase at Fernworthy (please see the separate notice for more details).

Christine Vince

KERNO

## SECRETARY'S REPORT

This is the aftermath following the big event. In case you did not notice, the British Orienteering Championships took place in the Forest of Dean on the weekend of 18/19 April. Now is my chance to say thank you to all those members of SWOA clubs who stepped forward to help BOK put on the weekend. The good weather and sunshine really put the icing on the cake. One of the planners for the Long race has just added up his expenses and found he made 22 visits to the forest during the last 11 months. The organiser (me) has no record of her computer time but suffice to say my poor eyes need testing again.

But any event big and small requires a lot of work and we volunteers should be proud of what we do. I am proud of all the effort the 150 or so volunteers put into my day. Someone kindly described our event as 'showing only a few cracks in the wallpaper' I think he was trying to be congratulatory! But now it is nearly all over and just a few loose ends to tidy up. I can enjoy going to someone else's race for a bit of relaxation.

Katy Dyer      Secretary

## COLOUR CODED AWARDS

### **There were no applications for awards this time.**

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain) and £1 for Juniors (20 & under) or £2 for Seniors (21 & over). These prices are subsidised by S.W.O.A. If applying by post please make cheques payable to S.W.O.A. and enclose a stamped addressed envelope. Send to me at 34, Westfield House, Cote Lane, Westbury – on – Trym. Bristol BS9 3TJ. .      Sorry no E-mail.

Anne Donnell   BOK

### **SWOA 50TH ANNIVERSARY BUFFET, 5<sup>TH</sup> SEPTEMBER** **2015**

On Saturday 5<sup>th</sup> September, there will be a buffet supper at the Plume of Feathers (Princetown). This will be in the evening after Day 1 of the Caddihoe Chase at Fernworthy.

(It will be preceded by the SWOA AGM, venue to be announced.)

SWOA will be underwriting half the cost; senior tickets will be £5 and junior tickets £2.50.

Tickets will be available via Fabian4 with your Caddihoe entries (numbers are limited).

Further information available from Christine Vince.

## **BRITISH SPRINT AND MIDDLE CHAMPIONSHIPS 2018**

In 2018 SWOA are hosting the British Sprint and Middle Championships on 1-2 September, and the SWOA committee feel that it is important that the Championships benefit the whole region. Consequently SWOA will take responsibility for these Championships, and the committee would like to invite all SW club members to consider applying for the principal posts.

As with JK 2010, the financial surplus would be shared amongst the SW clubs according to their volunteer effort.

The club fixtures secretaries have been invited to consult their club committees and to send suggestions for venues and planners for both these events. They should reply to the SWOA Fixtures Secretary (Richard Sansbury) in time for the next SWOA committee meeting on Wednesday 3<sup>rd</sup> June.

## **CONGRATULATIONS**

Very many congratulations to BOK and WIM who will be going to the Compass Sport Cup and Trophy event in October in the Lake District. They were the clear winners in the heat at Fonthill hosted by SARUM.

At the Yvette Baker qualifying event BOK, DEVON and WIM have qualified for the finals.

At the World Schools Championships held in Turkey, Cecilie Andersen was 4<sup>th</sup> in the Select long race and her excellent results overall helped the Select Team W1 to win a silver medal. Zac Hudd helped the M2Select team win a gold medal and Lucy Tonge a bronze medal for the W2 select team.

## **REPORTS**

### **JK 2015 – A LAKELAND IDYLL -WITH A DIFFERENCE!**

*From Waffle the WIM Newsletter*

Orienteers should know what a visit to the Lake District means! Yes, there are 'a host of golden daffodils', magic sunsets over glittering lakes, but there are also steep craggy mountains that test your skills and morale to the limit. So it was with JK2015 – a glorious Easter weekend with mostly dry weather, but with the exception of the Sprint Race at Lancaster University on Good Friday, an awful lot of crags, boulders and tightly packed contours !

For many, Good Friday wasn't very good to start with because of traffic jams on the M6, but arriving at Lancaster University you were greeted with a colourful animated cosmopolitan scene with competitors from many nations meeting friends, shopping and socialising round the assembly area prior to the short sharp shock of sprint urban orienteering. Lose your concentration for a few seconds and you lose many places so it is a fine balance between speed and brain power to get a good result. A great spectator finish on the campus set the scene for a weekend of top quality venues and events in the southern part of the Lake District.

Day 2 in the Duddon Valley was approached by a gloriously sunny scenic drive across rolling farmland with distant views of Morecambe Bay. Parking for most was the prelude to a 2k walk to assembly which was in a sheltered flat meadow with deciduous wooded hills rising all round . Above the tree line was open mountain and moorland and that's where most people were headed. The climb to most starts was long and hard (400') and this ensured that you arrived thoroughly warmed up and/or totally exhausted!

It was a bit different from the New Forest and Dorset. Firstly, forget paths, tracks, thickets, veg. boundaries.. You'd be lucky to find a ruined wall here! Contours and crags were at times so packed together that it was difficult to make controlled progress up ,down or sideways. The scenery was magnificent, but if you took your eye off the map

you ran the risk of a costly error and major problems of re-location. The few marshes were familiar enough and shoes could be lost with ease!. Progress depends of age and fitness. Many top Juniors and fit young people seemed to 'float' over the ground at frightening speed, fearlessly leaping down precipitous slopes like mountain goats. For the more mature competitors there was a more realistic technique -stagger!

Day 3 at Bigland was probably one of the most technical areas in the country and the map extract shows the most challenging part of my course. You might like to look at the map extract of course 21 and try to work out your proposed route particularly for the first 4 controls. I have put my actual route on Route Gadget for entertainment purposes! Is it proof of the technical and physical challenge that on my course there were 16 people who finished on both days and 15 retirals? There must be a message in this!!

Easter Monday saw the whole event re-locate to Graythwaite which borders the west side of Windermere and the contrasts could not have been greater. The sun shone (after 12.30pm), parking was only 5mins walk away and the assembly area was in a sheltered field with glorious view up into open deciduous woodland. This time the terrain was really attractive. Hilly, with a good scatter of crags, open deciduous woodland and above all runnable. Just what was needed for a relay. Fast and furious competition at all levels provided impressive entertainment including a developing morass in the run in!

This was the sociable day with club tents and banners the focus for competitors discussing tactics, terrain and generally comparing notes.

Many people made a holiday out of their visit and combined the O challenge with all sorts of activities for which the Lake District is famous. Our abiding memory was of eating fish and chips by the pier at Ambleside with the sun setting in a crystal clear sky behind the mountains of Langdale with a mirror calm Windermere in the foreground. A really world class view after a world class JK. Our thanks and congratulations go to the whole team who put on such a memorable event. It's Yorkshire next year!

John Warren WIM

## **JK AND BRITISH CHAMPIONSHIPS**

The JK presented for me new challenging terrain and features compared to last year in Wales. The terrain was the complete opposite to last year. The atmosphere was buzzing with Czech, Polish, and Swiss national teams. I came 3rd overall on day 2 & 3 which was, for me, fantastic as I am bottom year M14 and I know the competition is very good. I was congratulated on the podium by Thierry Georgiou of France, who is my hero.

At the British Champs I narrowly missed 3rd place by about 30 seconds and came 4th. I loved the relay the next day. I am looking forward to Scotland in the Summer.

Flurry Grierson DEVON

## **MIXED EMOTIONS AT BOC 2015**

Leaving home at 6.30am we enjoyed an almost traffic free drive from Ringwood to BOC 2015 in the Forest of Dean on a glorious spring morning. By luck the parking marshals placed us close to the road crossing between assembly and the 'arena', an interesting situation with people coming and going all day.

After the rocks and crags of the Lake District JK it was encouraging to wait at the start looking into a much softer woodland landscape. My course (23) was well planned to avoid the worst brashings and very steep slopes, but it was by no means flat! Apart from moving too slowly, and trying to overcome the balance problems of Parkinsons Disease I made some idiotic route choices and had several minor falls. Worst of all, a 250m leg from control 7 to 8 took an incredible amount of time trying to find a very well concealed ditch bend, staggering in more and more erratic circles in the company of other wandering competitors.



The final indignity was to fall over quite painfully just below the final hillside up to the finish. I was overwhelmed by the kindness and concern of everyone who stopped to help and I was supported all the way up the slope where the finish team provided a chair,

some water and a lot of sympathy. What thoughtful people orienteers are! Most of the competitors in my class were missing on the day, and I found myself on the podium as W80 British Champion, a rather embarrassing situation after such a poor run.



I would like to record my sincere thanks to my friends in WIM and further afield for giving me such generous help and encouragement. I am truly grateful.

After about 40 years of orienteering I'll be sad when I have to give it up. In the meantime I'll enjoy looking at a lovely silver salver and a British Championship medal.

Barbara Warren WIM

## BOC 2015 – INDIVIDUAL – FOREST OF DEAN APRIL 18<sup>TH</sup> 2015 A PERSONAL VIEW

What a day! Brilliant spring sunshine, impeccable organisation by BOK and an easily accessed venue, BOC 2015 fulfilled the expectations of the hundreds of competitors who travelled the length and breadth of Britain to compete for the premier titles of the year.

Impressions of events are always coloured by individual experiences whether it be parking, loo queues, start procedure, terrain, commentary etc etc, however the day began positively, with well marshalled parking facilities that put everyone close to all event facilities as well as being only 3 to 4 minutes from the main Start and Finish area. A pleasant contrast to the hikes at the JK. The organisation of all these facilities seemed to be exemplary, -you could find your race bib, the loo queues were short, race information was readily available and the team of marshalls were everywhere and had been well briefed.

What about the orienteering? Being a Championship courses were rightly long and technical which for some in the higher age ranges proved to be a challenge. The terrain, apart from brushings from recent forest work, was mostly runnable and positively glittered in the strong spring sunlight.. From a 'silent start' you picked up your map from a table, Scandinavian style, and you were off into mostly runnable forest with moderate contours and some deep gullies. Fallen timber was at times a hindrance to running on a bearing and for most courses path or track options were not obvious optimum routes. There were some very challenging intricate ditched areas where controls were by no means easy to find unless you were precisely on line. Everyone experienced significant climb on their courses with a long drag uphill towards the finish and steep final slope to the last control being a sting in the tail!

The Finish, Commentary, Results display, map collection (and reclaim) were well handled in the 'Arena' area which also had a good spectator view of incoming runners climbing the final slopes and racing up the finish lane in an effort to gain the last few vital seconds over rivals.

'Apres O' in a sunny but breezy field was all that an Orienteer could wish for. Results display, a variety of refreshment facilities, Information, O shops, loos all to hand and at 3.45 the prize giving for the 2015 British Champions.

Thank you BOK for a memorable event. As usual in Orienteering it proves that volunteers can be true professionals!

John Warren WIM

## **THE BRITISH ORIENTEERING CHAMPIONSHIPS – OR – 'A WALK IN THE WOODS'**

On a brilliant sunny spring morning we arrived at the parking field at Speech House – a remarkable contrast to our last visit when it was decidedly cold with horizontal rain.

The Assembly Field contained all the amenities – loos, traders, food, enquiries, bib collection – and only a few minutes walk to the starts.

I had chosen not to run my age group course but a light green instead. There was momentary confusion as the bib stated 'Pink Start' and there had been no mention of Pink in anything I had read. As it turned out 'Pink = Red'.

The pre-call up field was also in a sunny position in contrast to the actual start which was completely in the shade. I was glad to stand for only 4 minutes – not 2 hours as in the case of the Official I spoke to.

At the Start I was interested to hear a Mum with small daughter explaining as this was their first event – could they have a little help please –nothing like starting at the top! As we started the small girl was heard shouting 'Come on Mum, it's this way!'

Off out on to my course at a leisurely pace. Choosing the path option where possible I was overtaken several times by much younger legs but I was amused when jogging slowly uphill I overtook a couple riding a tandem!

And so to the sting in the tale – the uphill finish – into the run-in.

Then back to Assembly – catching up with friends, having food and a little retail therapy.

As has been said before 'A Grand Day Out'

Lynn Branford WIM

### **FIXTURES**

Downloaded 26th April with selected edits by Richard Sansbury

**May 2015**

16<sup>th</sup> **NGOC League 4** Cleeve Hill, Cheltenham, [SO989275](https://www.gov.uk/road-travel-guidance)

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.

Dogs to be kept strictly under control at all times.

Organiser: Dave Hartley, [dave@abbotswood1.plus.com](mailto:dave@abbotswood1.plus.com), 01452 863805

16<sup>th</sup> **WIM South West Sprint Championships** Wimborne, Dorset, Wimborne, [SU010003](#)

Entry times: Prologue from 11am Final from 1pm.

Pre-entry: [www.fabian4.co.uk](http://www.fabian4.co.uk) All welcome to enter but only SWOA members eligible for awards No dogs allowed.

Organiser: Christopher Branford, [candl.branford@btinternet.com](mailto:candl.branford@btinternet.com), 012584 53716

17<sup>th</sup> **KERNO - Forest League 9** Inny Foot, Callington, [SX371762](#)

*For further information contact the club secretary, see inside back page*

17<sup>th</sup> **BOK Club Event & ASO Championships** Silk Wood, Tetbury, [ST856897](#)

Entry times: 1000 - 1200. Dogs allowed.

Organiser: Karen Crawford, 01249 783217

20<sup>th</sup> **BOK Urban & Park Series** Bristol Harbourside West & Clifton Wood, Bristol, [ST566716](#)

Entry times: 1730 - 1900. No dogs allowed.

Organiser: David Hunt, 07774 626850

27<sup>th</sup> **BOK Urban & Park Series** Tyntesfield, Bristol, [ST502724](#)

Entry times: 1730 - 1900.

Organiser: Mike Forrest, 07774 626850

28<sup>th</sup> **NGOC Summer Evening Event** Lydney, Lydney

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

*For further information contact the club secretary, see inside back page*

## June 2015

1<sup>st</sup> **WIM/WSX Monthly Evening event** Badbury Rings, Kingston Lacy Estate, Wimborne, [SU960030](#)

Entry times: 6.00-6.45pm Courses close 7.45pm.

Dogs: On short lead at all times as livestock within area.

Organiser: Trevor Bridle, [trevorbridle@btinternet.com](mailto:trevorbridle@btinternet.com), 01258 454811

3<sup>rd</sup> **BOK Urban & Park Series** Ashton Court, Bristol, [ST555712](#)

Entry times: 1730 - 1900.

Organiser: Jonathan Hurford, 07774 626850

6<sup>th</sup> **WSX Poole Town Race** Poole Town, Poole, [SZ018902](#)

Pre-enter online via [www.fabian4.co.uk](http://www.fabian4.co.uk) or entry on the day

Organiser: Bruno Smith [bruno.smith@ntlworld.com](mailto:bruno.smith@ntlworld.com)

7<sup>th</sup> **WIM SEOUL Urban Event** Sherborne, Dorset, Sherborne, Dorset

Entry times: 12.30 - 2.00pm starts - courses close 3.00pm.

No dogs allowed.

Organiser: Christopher Branford, [candl.branford@btinternet.com](mailto:candl.branford@btinternet.com), 012584 53716

7<sup>th</sup> **NGOC League 5** Ross on Wye, Ross on Wye

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.

Dogs to be kept strictly under control at all times.

Organiser: Joe Gidley 01981 540701

10<sup>th</sup> **BOK Urban & Park Series** Frome Gorge, Bristol, [ST628770](#)

Entry times: 1730 - 1900.

Organiser: Chris Johnson, 07774 626850

11<sup>th</sup> **NGOC Summer Evening Event** Robinswood Hill, Gloucester, [SO833157](#)

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

Organiser: Sheila Miklausic, [miklausicfamily@hotmail.com](mailto:miklausicfamily@hotmail.com), 01452 549633

13<sup>th</sup> **KERNO Summer Series 1** Holywell Bay, Newquay

Organiser: Chris Moncaster, [chrisoncaster@hotmail.com](mailto:chrisoncaster@hotmail.com), 01841 521 072



14<sup>th</sup> **NWO Relay Lydiard Park, Swindon, [SU100843](#)**

Organiser: Ryan Ward, Ryanand tara@fsmail.net

14<sup>th</sup> **Devon League Event No.7** Mutters Moor, Sidmouth

Dogs must be under control at all times..

Organiser: Tim Gent, timgent528@btinternet.com, 01395 276815

17<sup>th</sup> **BOK Urban & Park Series Bath**

Entry times: 1730 - 1900.

Organiser: Sandy Burgon, 07774 626850

21<sup>st</sup> **SARUM Moonraker Relay Bulford S or Collingbourne** (to be confirmed) Organiser: Charlotte Thornton

*For further information contact the club secretary, see inside back page*

24<sup>th</sup> **BOK Urban & Park Series Long Ashton, Bristol, [ST537704](#)**

Entry times: 1730 - 1900.

Organiser: Rachel Leathwood, 07774 626850

25<sup>th</sup> **NGOC Summer Evening Event** Bishops Cleeve, Cheltenham

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

Organiser: Andrew Craig, randvcoe@btinternet.com, 01594 510444

27<sup>th</sup> **KERNO Summer Series 2** Mount Edgcumbe Country Park, Torpoint

No dogs allowed.

Organiser: Steve Beech, stevebeech@waitrose.com

28<sup>th</sup> **BOK Adams Avery Relays Stockhill, Bristol, [ST548512](#)**

Dogs allowed.

Organiser: Matthew Owen, 01934 733861

28<sup>th</sup> **WIM Harvester Relays Rushmore Estate, Tollard Royal, Wiltshire, Blandford Forum, Dorset, [ST969193](#)**

[ST969193](#)

Entry times: A Course 12midnight B course 1.30am (start times TBC).

No dogs allowed.

Organiser: Christopher Branford, candl.branford@btinternet.com, 012584 53716

28<sup>th</sup> **WIM After Harvester Event** Rushmore Estate, Tollard Royal, Wiltshire, Blandford Forum, Dorset,

[ST969193](#)

Entry times: 10.00 - 11.00am Course close 1.00pm.

No dogs allowed.

Organiser: Christopher Branford, candl.branford@btinternet.com, 012584 53716

## July 2015

1<sup>st</sup> **BOK Urban & Park Series Portishead**

Entry times: 1730 - 1900.

Organiser: Tim Haysom, 07774 626850

4<sup>th</sup> **BOK Klub Championships** Dyrham Park, Bristol

*For further information contact the club secretary, see inside back page*

5<sup>th</sup> **WIM Furrow Hopper Relays Canford School, Canford Magna, BH21 3AD, Wimborne**

Entry times: 12midday base time - TBC. No dogs allowed.

Organiser: Trevor Bridle, trevorbridle@btinternet.com, 01258 454811

8<sup>th</sup> **BOK Urban & Park Series Chew Magna, Chew Stoke, [ST568625](#)**

Entry times: 1730 - 1900.

Organiser: Jo Foster, 07774 626850

9<sup>th</sup>

**NGOC Summer Evening Event** Hatherley, Cheltenham

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

Organiser: Paul Bryce, paul@bryces.net, 01242 696722

11<sup>th</sup> **NWO Urban Event** Marlborough, [SU186686](#)

Organiser: Richard Jackson, beccajackson868@gmail.com

11<sup>th</sup> **KERNO Summer Series 3** Trelissick, Truro

No dogs allowed.

Organiser: Gavin Henderson, gavinhenderson123@gmail.com, 01326 378278

12<sup>th</sup> **Wessex Hardy Relay Littledown, Bournemouth, [SZ124938](#)**

Organiser: Gavin Clegg

*For further information contact the club secretary, see inside back page*

12<sup>th</sup> **NGOC League 6** Newent

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.

Dogs to be kept strictly under control at all times.

Organiser: Chris James, chrisjames@dalcross.plus.com, 01989 720122

15<sup>th</sup> **BOK Urban & Park Series** Emerson's Green, Bristol

Entry times: 1730 - 1900.

Organiser: Dudley Budden, 07774 626850

19<sup>th</sup> **Devon Relays Knightshayes, Tiverton**

Dogs must be under control at all times.

*For further information contact the club secretary, see inside back page*

22<sup>nd</sup> **BOK Urban & Park Series** Little Stoke, Bristol, [ST615812](#)

Entry times: 1730 - 1900.

Organiser: Charles Daniel, 07774 626850

23<sup>rd</sup> **NGOC Summer Evening Event** Chepstow

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

Organiser: Judith Austerberry, judithausterberry@hotmail.com

25<sup>th</sup> **KERNO Summer Series 4** Tehidy, Redruth

No dogs allowed.

Organiser: Phil Newall, pnewall@wardell-armstrong.com, 01209 714266

## **August 2015**

13<sup>th</sup> **NGOC Summer Evening Event** Park Campus, University of Gloucestershire, Cheltenham, [SO939209](#)

Entry times: 18.30 - 19.30. Dogs to be kept strictly under control at all times.

*For further information contact the club secretary, see inside back page*

15<sup>th</sup> **KERNO Summer Series 5** Idless Woods, Truro

No dogs allowed.

Organiser: Roger Hargreaves, rogerh9999@hotmail.co.uk, 01872 277320

22<sup>nd</sup> **NGOC League 7** Rendcomb, Cirencester, [SP018096](#)

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.

Dogs to be kept strictly under control at all times.

Organiser: Caroline Craig, caroline.craig4@gmail.com, 01242 528326

22nd

**KERNO Summer Series 6** Lanhydrock, Bodmin

Organiser: Peter Morton, petermorton2011@btinternet.com, 01579 363140

29<sup>th</sup> **NGOC Chairmans Challenge and Barbecue** Elton Maize Maze, Cinderford, [SO703138](#)

Organiser: Gary Wakerley, gwakerley@outlook.com, 01594 862690

## RESULTS JK 2015.

### Sprints

#### Champions:

M12	Joseph Hudd	BOK	M85	Richard Arman	Wsx
W55	Alice Bedwell	BOK	W60	Alison Simmons	BOK
W85	Pat Grenfell	BOK			

#### 2<sup>nd</sup> Place

M10	Arthur Brooke	WSX	M12	Oliver Tonge	BOK
M16	Eddie Narbutt	BOK	M85	Andrew Beldowski	WSX
W40	Sally Calland	BOK			

#### 3<sup>rd</sup> Place

M55	Mark Sanders	BOK	M75	Arthur Boyt	KERNO
W18E	Cecilie Andersen	BOK	W40	Judith Austerberry	NGOC

#### Other Top 10 Places

4<sup>th</sup>.

W70 Carol Pearce DEVON

5<sup>th</sup>.

M20E Adam Potter BOK M65 Tom Lillicrap DEVON

6<sup>th</sup>.

W65 Sue Hands WIM

7<sup>th</sup>.

M80 John Grenfell BOK W70 Charlotte Thornton SARUM

8<sup>th</sup>.

M75 David Lee NGOC

9<sup>th</sup>.

M10 Jim Bailey BOK M14 Flurry Grierson DEVON  
W50 Carolyn Dent SARUM

10<sup>th</sup>.

M75 John Warren WIM

#### JK. Days 2 & 3 Overall Results

##### Champions

M12A Joseph Hudd BOK M55L Mark Saunders BOK

##### Other Winners

M14B	Jack Forrest	DEVON	M75S	Alan Yeadon	SARUM
W10B	Jessica Ward	NGOC	W18L	Emily Keenan	DEVON
W60S	Hilary Pickering	WIM			

## 2<sup>nd</sup> Place

M12A Oliver Tonge BOK                      M50L Clive Hallett BOK  
M85 Andrew Beldowski WSX                M70S Peter Hambleton SARUM  
W85 Pat Grenfell BOK                        W21V Alice Butt SARUM

## 3<sup>rd</sup> Place

M14A Flurry Grierson DEVON                M35L Ben Chesters SARUM  
M65L Tom Lillicrap DEVON                  M85 Richard Arman WSX  
M18L Fraser Smith WIM                      M21V Sam Landrigan BOK  
M65S Roger Hargreaves KERNO              W55L Jackie Hallett BOK  
W70L Carol Pearce DEVON                  W16B Pippa Savage BOK

## Other Top 10 Places

4<sup>th</sup>  
M35S Richard Jackson NWO

5<sup>th</sup>  
M10A William Shardlow BOK                M35S Simon Branford WIM  
W14B Hannah Nicoll BOK

6<sup>th</sup>  
M20L Chris Garrett DEVON                M21S Mark Burley BOK  
M75L Tony Noott BOK                        W20E Ellie Stone DEVON  
W70L Sally Thomas BOK

7<sup>th</sup>  
M75L Arthur Boyt KERNO                    W55L Alice Bedwell BOK

8<sup>th</sup>  
M16A Eddie Narbutt BOK                    M21L Paul Pickering WIM  
W21S Charlotte Daniel BOK                W60L Alison Simmons BOK  
W60S Heather Forrest BOK                W70L Clare Fletcher BOK

9<sup>th</sup>  
M20E Adam Potter BOK

10<sup>th</sup>  
M70L Ian Peirce SARUM                      M70S Rod Allday KERNO  
W18E Chloe Potter BOK                    W40L Judith Austerberry NGOC  
W70S Freda Peirce BOK

## JK Relays

### Champions

Men's Short SARUM Shooting Stars - Tom Butt, Harry Butt, Ben Chesters  
Vet Women BOK. BOK 13 – Jackie Hallett, Alison Simmons, Alice Bedwell  
Mini Relay BOK. BOK 16 – Oliver Tonge, Jim Bailey, Joe Hudd

### 2<sup>nd</sup> Place

Men's Short DEVON Dream Team – Grey Grierson, Joss Knight, Kit Grierson  
Vet Men BOK. BOK 8 – Alan Honey, Peter Maliphant, Mark Saunders  
Intermediate Men BOK. BOK14 – Zac Hudd, Harry Stagg, Michael Hallett.

## Other Top Ten Places

5<sup>th</sup>  
Ultra Vets BOK. Bok13 – David palmer, Tony Noott, Howard Thomas



6<sup>th</sup>

Intermediate Men DEVON Dashers – James Dean, Tom Snow, Harry Fox  
Mixed Ad Hoc DEVON Extras – James Nicholson, Frankie Perren Smart, Duncan Taylor.

7<sup>th</sup>

Senior Men BOK BOK8 – Geoff Ellis, Ifor Powell, Clive Hallett.  
Junior Relay BOK. BOK 17 – Rachel Potter, Ira Thompson, Wilf Thompson

8<sup>th</sup>

Mixed Ad Hoc KERNO Overboard – Graham Pring, Barry Olds, Chris Moncaster

## BRITISH LONG CHAMPIONSHIPS 2015

### Champions

M12A	Joe Hudd	BOK	M50L	Clive Hallett	BOK
W40L	Judith Austerberry	NGOC	W55L	Alice Bedwell	BOK
W80	Barbara Warren	WIM	W85	Pat Grenfell	BOK

### Other Winners

M12B	Tom Perry	DEVON	M21S	Mark Burley	BOK
W10B	Jessica Ward	NGOC	W21L	Caroline Craig	NGOC
W35S	Nicola Morris	BOK	W70S	Susan Hateley	DEVON

### 2<sup>nd</sup> Place

M20E	Adam Potter	BOK	M60L	Gavin Clegg	WSX
M20L	Christopher Garrett	DEVON	M70S	Neil Connelly	BOK
W16B	Pippa Savage	BOK	W65S	Kay Sayer	WSX

### 3<sup>rd</sup> Place

M12A	Jim Bailey	BOK	M35L	Tim Britton	BOK
M55L	Mark Saunders	BOK	M75L	Arthur Boyt	KERNO
M80	Bill Vigar	QO	W21E	Lucy Butt	SARUM
W35L	Michelle Spillar	WIM	W70L	Carol Pearce	DEVON
M14B	Samuel Cade	KERNO	M21S	Thomas Butt	SARUM
W10B	Ella May Rush	BOK	W21S	Olwen Rowlands	BOK
W55S	Carol Iddles	BOK			

### Other top 10 places:

4<sup>th</sup>

M14A	Flurry Grierson	DEVON	M70S	Roger Craddock	QO
W18E	Chloe Potter	BOK	W40L	Jane Stagg	BOK
W55L	Jackie Hallett	BOK			

5<sup>th</sup>

M12A	Oliver Tonge	BOK	M16A	Eddie Narbutt	BOK
M21L	Joe Gidley	NGOC	M55S	Stephen Robinson	NGOC
M60L	Chris Moncaster	KERNO	M70S	John Symonds	BOK
W14A	Rachel Potter	BOK	W16A	Dulcie Grierson	DEVON
W35L	Laura Britton	BOK	W70L	Jill Green	DEVON

6<sup>th</sup>

W60S	Pauline Olds	KERNO	W65L	Sue Hands	WIM
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7<sup>th</sup>

M10A	William Shardlow	BOK	M21L	Keith Agmen	BOK
M60S	Andrew Pedder	NGOC	M65S	Paul Taunton	NGOC
W40S	Alice Owen	BOK	W50S	Caroline Potter	BOK

8<sup>th</sup>

W40L Sally Calland WIM W55S Diana Nicoll BOK  
W60L Alison Simmons BOK W70L Ann Hughes DEVON

9<sup>th</sup>

M16A Jonty Eaton-Hart DEVON M45S Andrew Eaton-Hart DEVON  
M65S Richard Raynesford BOK W16A Sofie Andersen BOK  
W21L Erinna Foley-Fisher BOK W50L Jackie Butt SARUM  
W70L Charlotte Thornton SARUM

10<sup>th</sup>

M20E Christian Grierson DEVON M21S Stuart Hanstock BOK  
M40L Ifor Powell BOK M75L Richard Brightman WIM  
M80 Lin Callard NGOC W55S Fiona Hanstock BOK

## **BOC. Relay Championships**

### **Champions**

Men's Short Devon Dashers Grey Grierson, Joss Knight, Christian Grierson  
W50 BOK Jackie Hallett, Alison Simmons, Alice Bedwell  
M/W Mini Relay BOK Joe Hudd, Jim Bailey, Oliver Tonge

### **3<sup>rd</sup> Place**

Women's Short BOK Laura Britton, Chloe Potter, Erinna Foley-Fisher  
M14 BOK Harry Stagg, Ira Thompson, Wilf Thompson  
Mixed Ad Hoc SARUM Jeff Butt, Ian Peirce, Tom Butt

### **Other top 10 places**

#### **4<sup>th</sup> Place**

W60 WIM Condors Sue Hands, Lynn Branford, Vikki Crawford  
M/W Mini Relay BOK Ruby Owen, Guy Owen, Georges Boutin  
Junior Ad Hoc BOK junior All Sorts Jessica King, Rachel Potter, Sofie Andersen

#### **5<sup>th</sup> Place**

Women's Short WIM Hawks Sally Callard, Kirsty Staunton, Michelle Spillar  
M40 BOK Paul Gebbett, Peter Stagg, Ifor Powell  
M18 NGOC M18's inCOGNito Adam Watson, Peter Aaron, Charlie Aaron

#### **6<sup>th</sup> Place**

Women's Short BOK Jane Stagg, Karen Crawford, Olwen Rowlands  
M40 QO QuidProQO Richard Stansbury, Brian Fletcher, Brian Pearson  
M60 DEVON Drakes David Harper, Mike Wimpenny, Wilfred Taylor  
M/W Mini Relay BOK Bryony Stagg, Edith Stagg, Sebastian Crow

#### **8<sup>th</sup> Place**

W50 BOK Helen Kelsey, Jo Foster, Gwen Tanner.  
Mixed Ad Hoc WSX Raiders Rob Hick, Ian Sayer, Peter Suba

#### **10<sup>th</sup> Place**

Men's Premier BOK Tim Britton, James Hargreaves, Geoffrey Ellis  
Men's Short BOK Scott Bailey, Jeremy Tonge, Jim Haywood  
Women's Short NGOC Ladies inCOGNito Judith Austerberry, Caroline Craig, Hannah Bradley  
M40 NGOC M\$) inCOGNito Anders Johansson, Steve Green, Christopher Pige  
M50 BOK Christopher Kelsey, Charles Daniels, Steve Blount  
Junior Ad Hoc NGOC Watsons inCOGNito Alec Watson, Rosie Watson, Peter Watson

## BOC. Trail O Results

**2<sup>nd</sup> Place**      Scott Collier    KERNO

### Novice

**1<sup>st</sup> Place**      Peter Suba      WSX

**3<sup>rd</sup> Place**      Richard Sansbury **QO**

## SWOA GALOPPEN LEAGUE

Just a few interesting facts for you as the SWOA Galoppen League 2014/15 celebrates its 39<sup>th</sup> year. Looking at the top competition of the Brown course, in those 39 years there have only been 10 winners! Of those 10 only three South West Orienteers have been multiple winners: The phenomenon that is Clive Hallett has won no less than 23 times which includes a straight run of 13 years from 1991 to 2002. The only other multiple winners being Gavin Clegg with 5 and this years winner Ben Chesters with 4. The other seven single year winners are Richard Raynsford 1978, Mike Skinsley 1979, Andy Morgan 1982, Dudley Budden 1986, Andy Creber 1990, Arthur Boyt 2006 and Jon Brooke 2012. Excluding the recently introduced Short Green, Ben Chesters, between 1989 and 2007 won every colour course from Yellow to Brown.

Gavin Clegg    QO

### GALOPPEN TABLES 2014/15

		WSX	NWO	Total	No	
<b>BROWN</b>						
1	Chesters (Ben) SARUM	M35	840	0	4952	7
2	Hallett (Clive) BOK	M50	944	1000	4932	6
3	Owen (Matthew) BOK	M45	805	0	3788	5
4	Daniel (Charles) BOK	M55	693	762	3495	7
5	Newall (Phil) KERNO	M50	651	0	3408	7
6	Saunders (Mark) BOK	M55	0	906	3387	4
7	Hallett (Michael) BOK	M18	0	0	3345	4
8	Burley (Mark) BOK	M21	0	0	3127	4
9	Bailey (Scott) BOK	M40	610	710	3064	5
10	Hick (Robert) WSX	M55	0	663	3053	6
11	Parkinson (Jamie) DEVON	M21	1000	0	3000	3
12	Cronin (Richard) NGOC	M21	0	873	2938	4
13	Welch (Colin) BOK	M55	558	552	2878	9
14	Rowe (Sean) DEVON	M18	0	0	2868	4
15	Kelsey (Christopher) BOK	M55	704	736	2714	4
16	Grierson (Grey) DEVON	M18	0	0	2707	3
17	Gebbett (Paul) BOK	M45	0	847	2407	3
18	Stimson (Doug) NWO	M21	0	0	2167	3
19	Turner (Chris) WIM	M50	672	0	2069	3
20	Stagg (Peter) BOK	M40	621	705	2024	3
21	Horsler (Steven) WIM	M45	718	0	2010	3
22	Reynolds (Andrew) DEVON	M45		0	0	2009    3

		WSX	NWO	Total	No	
<b>BLUE</b>						
1	Parkinson (Rob) DEVON	M55	1000	0	5000	7
2	Andersen (Cecilie) BOK	W18	0	1000	4806	5
3	Fletcher (Brian) QO	M40	974	939	4728	8
4	Austerberry (Judith) NGOC	W40	942	822	4334	5
5	Simmons (John) BOK	M60	815	795	4078	7
6	Simmons (Alison) BOK	W60	847	777	4056	7
7	Saxtoft (Christian) BOK	M50	875	812	3949	6

8	Hudd (Zac) BOK	M16	0	0	3945	4
9	Stagg (Jane) BOK	W40	825	725	3872	5
10	Wimpenny (Mike) DEVON	M65	797	0	3830	6
11	Hallett (Jackie) BOK	W55	787	0	3751	5
12	Butt (Jeff) SARUM	M50	0	0	3721	6
13	Pakes (Jeff) QO	M40	842	731	3698	5
14	Newall (Adele) KERNO	W50	769	0	3503	7
15	Potter (Chloe) BOK	W18	0	832	3446	4
16	Mccall (Allan) NGOC	M45	602	713	3375	7
17	Foster (Jo) BOK	W55	694	698	3286	5
18	Johnson (Chris) BOK	M60	702	630	3252	5
19	Mullins (David) SARUM	M65	712	631	3245	5
20	Chesters (John) DEVON	M60	630	0	3118	7
21	Kelsey (Helen) BOK	W55	743	648	3102	5
22	Paget (Dale) WSX	M50	981	0	2750	3
23	Foster (Peter) BOK	M55	818	0	2706	4
24	Griffiths (Trevor) BOK	M65	730	758	2681	4
25	Knipe (Matthew) QO	M50	529	488	2557	8
26	Pige (Christophe) NGOC	M40	0	843	2546	3
27	Moncaster (Chris) KERNO	M60	902	0	2515	3
28	Moon (Christopher) BOK	M65	658	0	2388	4
29	French (Andrew) WIM	M50	776	0	2381	3
30	Modica (Spencer) QO	M45	0	0	2249	3

			WSX	NWO	Total	No
<b>GREEN</b>						
1	Hudd (Joe) BOK	M12	0	1000	4935	5
2	Hext (Tony) QO	M65	816	743	4607	9
3	Dennis (Rachel) BOK	W45	0	769	4352	5
4	Hasler (Chris) QO	M45	839	682	4115	8
5	Trayler (John) QO	M70	0	581	3899	7
6	Grierson (Dulcie) DEVON	W16	944	0	3831	4
7	Stimson (Ken) NWO	M65	0	650	3721	5
8	Craddock (Roger) QO	M70	729	0	3609	6
9	Potter (David) BOK	M50	1000	0	3563	4
10	Stagg (Millie) BOK	W16	0	740	3545	4
11	Chesters (Ruth) DEVON	W65	646	0	3263	6
12	Mullins (Denise) SARUM	W60	728	547	3235	5
13	Rossington (Richard) BOK	M50	560	557	3160	7
14	Blackstone (Mark) BOK	M65	761	639	3056	4
15	Dyer (Mark) BOK	M65	0	0	2852	3
16	Raynsford (Richard) BOK	M65	672	569	2676	4
17	Wimpenny (Toria) DEVON	W55	638	0	2647	4
18	Kite (Mike) WIM	M65	588	0	2535	4
19	Brooke (Nicola) WSX	W45	779	0	2522	3
20	Cross (Martin) WIM	M70	0	601	2414	3
21	Hart (Brian) SARUM	M70	856	0	2390	3
22	Hart (Pat) SARUM	W70	514	359	2342	5
23	Dyer (Katy) BOK	W65	0	0	2276	3
24	Taunton (Rosalind) NGOC	W65	0	0	1944	3
25	Akers (Pete) QO	M60	696	0	1937	3
26	Curtis (Amy) BOK	W45	0	621	1833	3
27	King (Christine) BOK	W65	0	502	1795	3
28	Ward (Michelle) NGOC	W45	0	556	1741	3
29	Andersen (Susanne) BOK	W50	0	488	1712	3
30	Fielder (John) BOK	M65	565	513	1440	3



		WSX	NWO	Total	No
<b>SHORT GREEN</b>					
1	Hambleton (Peter) SARUM M70	1000	924	4918	6
2	Vigar (Bill) QO M80	751	710	4575	6
3	Thornton (Charlotte) SARUM W70	664	752	4198	9
4	Crockett (Mike) QO M80	613	0	4023	5
5	Thornton (Richard) SARUM M70	498	586	3793	9
6	Hands (Sue) WIM W65	747	971	3701	4
7	Hasler (Thomas) QO M14	0	0	3246	6
8	Hambleton (Joan) SARUM W70	602	551	3226	6
9	Iddles (Carol) BOK W55	0	1000	2950	3
10	Dawson (Adrian) SARUM M55	610	642	2934	5
11	Green (Jill) DEVON W70	0	0	2625	3
12	Cross (Gillian) WIM W70	623	535	2336	4
13	Hills (Roger) WIM M80	734	0	2253	3
14	Fletcher (Clare) BOK W70	0	0	2228	3

		WSX	NWO	Total	No
<b>LIGHT GREEN</b>					
1	Somers (Meg) DEVON W14	0	833	4567	6
2	Horsler (Sarah) WIM W14	0	0	3542	4
3	Stagg (Harry) BOK M14	0	1000	2960	3
4	Walker (Dominic) DEVON M16	0	0	2693	3
5	Bailey (Jim) BOK M12	0	896	2526	3
6	Owen (Alice) BOK W40	0	0	1704	3

		WSX	NWO	Total	No
<b>ORANGE</b>					
1	Shopland (Luke) QO M14	1000	0	5000	7
2	Whittingham (Darren) WIM M12	789	0	4304	5
3	Owen (Ruby) BOK W12	863	0	3120	4
4	Rossington (James) BOK M14	624	750	2801	4
5	Horsler (Elizabeth) WIM W12	555	0	2555	3
6	Ward (Rebecca) NGOC W12	0	1000	2395	3
7	Daniels (Jan) QO W55	0	0	1869	3

		WSX	NWO	Total	No
<b>YELLOW</b>					
1	Thompson (Ira) BOK M12	0	1000	2945	3
2	Owen (Guy) BOK M10	1000	0	2825	3
3	Stagg (Edith) BOK W12	919	0	2767	3
4	Stagg (Bryony) BOK W12	874	0	2710	3

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