

SINS

No. 288

January 2015



South West
Orienteering
Association Newsletter

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EDITORIAL

I hope you all had a good Christmas and a will have a very happy and healthy year in 2015 with plenty of excellent and exciting orienteering throughout the year.

Congratulations to all the teams at the Compass Sport Final held in Aldershot at Long Valley. For the second year in a row, BOK held off all the competition to take the Cup. It was a close fought match but in the end BOK beat SYO by just 50 points! Devon, attending their first final for many years managed to come 7th.

The Trophy was even more closely fought with FVO just managing to beat SROC with SARUM just 44 points behind FVO in third place. WIM were 22 points behind SARUM in 4th. This involved some excellent team planning by all the SW team captains to get the tactics right.

This year the British Long Distance Championships will be held in The Forest of Dean with BOK as the lead team. This will be a great chance for us all to test ourselves against the best in our age groups in an area that most of us have run on before.. Book the dates now for April 18th and 19th. NGOC are reviving their Double Gloucester Weekend, but this time it will run over a bank holiday weekend and so become the Triple Gloucester. Events will include the SW Middle Distance Championships, an Urban event around the docks in Gloucester and a colour coded event. The dates are 2nd – 4th May.

Susan Hateley Editor

CHAIRMAN'S CHAT

A Happy New Year to everyone! I hope you have been out and about, enjoying the various festive events that SW clubs have been putting on. We went to the DEVON score event at Parke – but Score With A Difference ... It was an Odds and Evens event; the controls were numbered in the usual way but you had to dib at even-numbered (or odd) controls, then go through a Transit control, and change to dishing the odd-numbered (or even) controls. This was an excellent way of using a small area; I made a complete hash of it by making the wrong choices at the beginning, but even so it was a lot of fun and made you think more.

There has been a good response to the request for clubs to put on more courses. We will be publishing an updated list of courses during January and February. If you want to go on a course but cannot find one at the right time and place, ***please tell your club***. Clubs: even if you only have one or two folk who request courses, ***please tell Katy Dyer or myself***. We will do our best to arrange a course. SWOA is providing financial support to put on courses; this should ensure that courses with a small number of attendees are possible. The next SWOA committee meeting is scheduled for 21st January. We are holding it at the Kings Arms in Taunton to make it easier for club representatives to attend.

Good luck with your orienteering in 2015,
Christine Vince KERN

NATIONAL COACHING CONFERENCE
24 / 25TH JANUARY 2015
LYDIARD PARK ACADEMY, SWINDON

*The main topic will be **Sprint Orienteering***

*Our principal speaker will be **Kristian Jones SBOC**,
member of the Elite Development Squad*

Everyone is welcome to attend

*Further details will be sent to club secretaries and will
appear on the BOF website*

Delegate fee for two days = £50.00

*SWOA will support each SW delegate with a grant of
£50.00*

COLOUR CODED AWARDS

There have been no applications for any awards this time.

To qualify you must be within the first 50% of all starters or within 1½ times the winner's time in the results on the same colour course, 3 times in any 2 years.

For WHITE courses you only need to complete the course 3 times.

STRING COURSE (PURPLE) is for any young person who does not already hold any other colour award, and who has completed 3 string courses.

To obtain a colour coded badge award please let me have the 3 dates on which you qualified (anywhere in Britain) and £1 for Juniors (20 & under) or £2 for Seniors (21 & over). These prices are subsidised by S.W.O.A. If applying by post please make cheques payable to S.W.O.A. and enclose a stamped addressed envelope. Send to me at 34, Westfield House, Cote Lane, Westbury – on – Trym. Bristol BS9 3TJ. . Sorry no E-mail.

Anne Donnell BOK

CONGRATULATIONS

Mark Saunders (BOK) attended the **World Masters** in Brazil in November and achieved some excellent results.

Sprint M55A 24th Long M55A 21st.

At the **British Schools Championships** held in Leeds on 15th & 16th November, the South West did very well..

Claysmore School won the Small Secondary School category.

Torquay Boys Grammar School was third overall in the Large Secondary School category.

In the different age groups Kingswood Boys came 1st in the Yr 7 age group.

Torquay Boys were first in Yrs 8, 10 & 11

As a result of the Championships, the following have been selected to represent England at the World Schools Championships in Turkey in April:

School Teams:

Junior Boys Torquay Boy's Grammar School

Senior Boys Torquay Boy's Grammar School

Select Teams:

Junior Girls Lucy Tonge BOK

Senior Girls Cecilie Andersen BOK

Junior Boys Zac Hudd BOK

Non travelling reserve:

Senior Girls Chloe Potter BOK

Squads

Congratulations to the following athletes who have been selected for special training:

Talent Squad Adam Potter (BOK)

Development Squad Lucy Butt (SARUM)

Watch Squad Ben Maliphant (BOK)

REPORTS

THE SW JUNIORS AT THE INTER REGIONAL ORIENTEERING CHAMPIONSHIPS IN THE LAKE DISTRICT IN SEPTEMBER



This is The Competition for the SW Junior Regional Squad. Each region takes a turn hosting the event. The North West Orienteering Association (in the guise of NWJS) hosted it this year over the last weekend in September. The Lakes were going to be a technical challenge for some who had not orienteered in this area before.

The Team consisted of Millie Stag and Lucy Tong, from BOK, Frankie Perran Smart and Meg Somers from Devon in the W14; Flurry Greirson and Dom Walker,

from Devon and Zak Hudd and Joe Hudd from BOK ran in the M14. We took six W16s; Dulcie Greirson and Emily Keenan from Devon and Sophie Anderson, Jess King and Chloe Potter from BOK and Beckie Whitingham from Wimbourne, 4 ran in the W16 category and 2 in the W18. Alex Buck from Sarum, Eddie Narbett from BOK, Jonty Eaton Hart and James Dean from Devon and Fraser Smith from Wimborne were the M16s (One ran M18 on each day) Cecilie Anderson from BOK and Ellie Stone from Devon were in the W18s and Harry Butt from Sarum, Michael Hallett from BOK and Grey Greirson from Devon were the M18s.

Day one, Saturday, the individual races were on held on the rocky wooded slopes of the Graythwaite Estate, a fantastic orienteering area – the Lakeland Orienteering Club would say one of the very best in England. The terrain is technical throughout, with good variety. It is also tough and physical, so physical fitness was tested as well as technical ability. All courses visited the western slope with wonderful runnable orienteering. They also visited the challenging central area of forest. This is low visibility conifer plantation, hiding complex rock and marsh terrain. The M/W18 and M16 courses also visited the eastern slopes with some great terrain, but also extremely rough in places. Bracken was bit of an issue slowing progress on some who chose open areas as a route choice. Safe routes, good attack points and steady compass work were essential to navigate successfully around the challenging courses.



The W14s had a 3km course and 145m of climb, Lucy gained an excellent 3rd place in 35 mins, Meg achieved 8th, which was very good at her first event like this, completing it in 40.43 minutes, Millie was 10th in 42.48 and Frankie also her first time in the area did well completing the course in 54.19 & was 20th. The M14s had 3.7km with 190m of climb, Flurry an excellent run coming 6th in 40.27minutes, Joe Hudd was next in for the SW in 44.45mins (12th) Dom, who was also in the Lakes for the first time, was 33rd with a time of 94.44mins Zak completed the course 31.28mins but unfortunately miss-punched on the spectator control so could not score for the team.

Emily was first of the W16s back coming 11th and completing the 3.6km with 155km of climb with a more technical challenge 54.56mins. Chloe was 14th coming in in 59.50mins, Dulcie 17th in 63.44mins and Jess King 28th in 81.42 mins. The M16 course was 4.5km with 215km of climb, Eddie Narbett was 8th in 52.06mins, Alex Buck was 18th in 64.28mins, Jonty was 23rd in 78.59 mins and Fraser was 32nd in 146.02mins.



On the W18 course of 4.7km with 255m of climb, Cecilie was 4th and took 56.14mins, Sophie (running up) was 18th in 91.28, Ellie was 19th in 92.08 and Becky was 23rd in 147.12mins. On the M18 course of 5.9km with 360m of climb, Michael was 10th in 67.32mins, Grey was 15th in 76.12mins, Harry 17th in 85.47 mins and James (running up) was 27th with 119.56mins.

At the end of the day Scotland held a narrow 5 point lead over North West, with Yorkshire & Humberside

and South West squad close behind.

Everyone stayed overnight at Ulverston Victoria High School, on the sports Hall floor! We all got some sleep but someone, from Wales I believe, was snoring for much of it! We were all well fed in the evening and for breakfast so had plenty of energy for the Relays the next day!

Sunday was the Relay Day at Roanhead near Barrow which is an area of technical sand dunes. The organisers had cleverly set up the start, handover point and finish on the inside of a massive sand dune crescent. The crescent sand dune could be climbed to view the mass of dunes and marshes beyond in the competition area. A few controls were visible from here making the relay competition an excellent spectator event as well.



The SW and most other regions had 4 teams. The race starts with a mass start of the W16 followed by the M16.

All courses are gaffled, which means that although the courses are all the same length they will have some controls the same and some different to the others in the race. It makes it very exciting but also means there is more chance of runners mis punching by going to an incorrect control.

There is one from each age group in each team. W16,14 & 18 and M16,14,18 the order for each.

Chloe, Lucy and Cecilie were 5th overall; Emily, Millie and Ellie were 12th. The other two girls team both had a mis punch among the team!! Ahh! They all put in a good performance.



The boy's relay team of Eddie, Zac and Michael finished 7th, Jonty, Jo and Grey were 12th overall. James, Dom and Fraser finished 20th and the other team of Alex, Flurry and Harry, had a mis punch on the last leg, they would have finished 8th! That is the nature of the sport and why it is so important to check control descriptions numbers!

Overall Scores		Individual	Relay	Total
Scotland		256	264	520
North-West	251	258	509	
Yorkshire	211	222	433	
South West	194	198	392	

The Squad will have a stall at the Galoppens and they will have a bit of a clinic to help those of you that want to review your course and more info if you are interested in getting involved.

All photos courtesy Tess Stone

Tess Stone DEVON

COMPASS SPORT CUP FINAL

A GREAT DAY OUT.

These sorts of events are the ones you look forward to most, whether like me it is coming back from a long term injury, or whether you consistently compete at events like this. The Army training area near Aldershot created the perfect terrain for the Compass Sport Cup Final and with great organisation from the hosts, Southern Navigators Orienteering Club; it was an ideal day for orienteers of all ages.

The one thing which I found stood out about the terrain was how flat it was. On my M18- course there was only 70m climb; this was beneficial for all runners as it allowed for much shorter split times as runners were able to go much faster. Underfoot we were subject to varying terrain from sandy tracks to clear forest which only enabled people further to have quick and more straight lined route choice.

On my course I found that there was a large difference in leg length throughout the course: my first 4 or 5 were longer legs, whilst the later legs shortened meaning we all had to keep our wits about us as we entered the tank training area. Uniquely this contained "Tank Hides" which the organisers described to be square re-entrants and turned out to quite large holes in the ground!

Off-course, all attendees were treated with the appearance of O-Nosh and other food vans, while constant commentary over the tannoy kept us all updated on runners finishing and out on their course. Even the weather seemed to be fair for the event day, remaining cloudy with some sun most of the day but with the rain holding off.

Overall, it was a brilliant day, supported by great terrain and hosts and I will be looking forward to travelling with the Devon group up to Kendal next year for another successful day. Well done to everyone who took part!

James Dean Devon

COMPASS SPORT TROPHY FINAL

FANTASTIC RESULTS FOR SWOA

1st Place for BOK in the Compass Sport Cup Final
3rd Place for SARUM in the Compass Sport Trophy Final
WIM also did well, coming a close 4th in the Trophy.



Photo courtesy Ian Pierce

Who says us Southerners can't show the rest how to do it.

Mind you, FVO once again showed their metal with another convincing win in the Trophy. They achieved 1289 points out of a maximum possible 1298 – coming down from Scotland to beat us in the south - astounding.

SN staged an excellent A-level event.

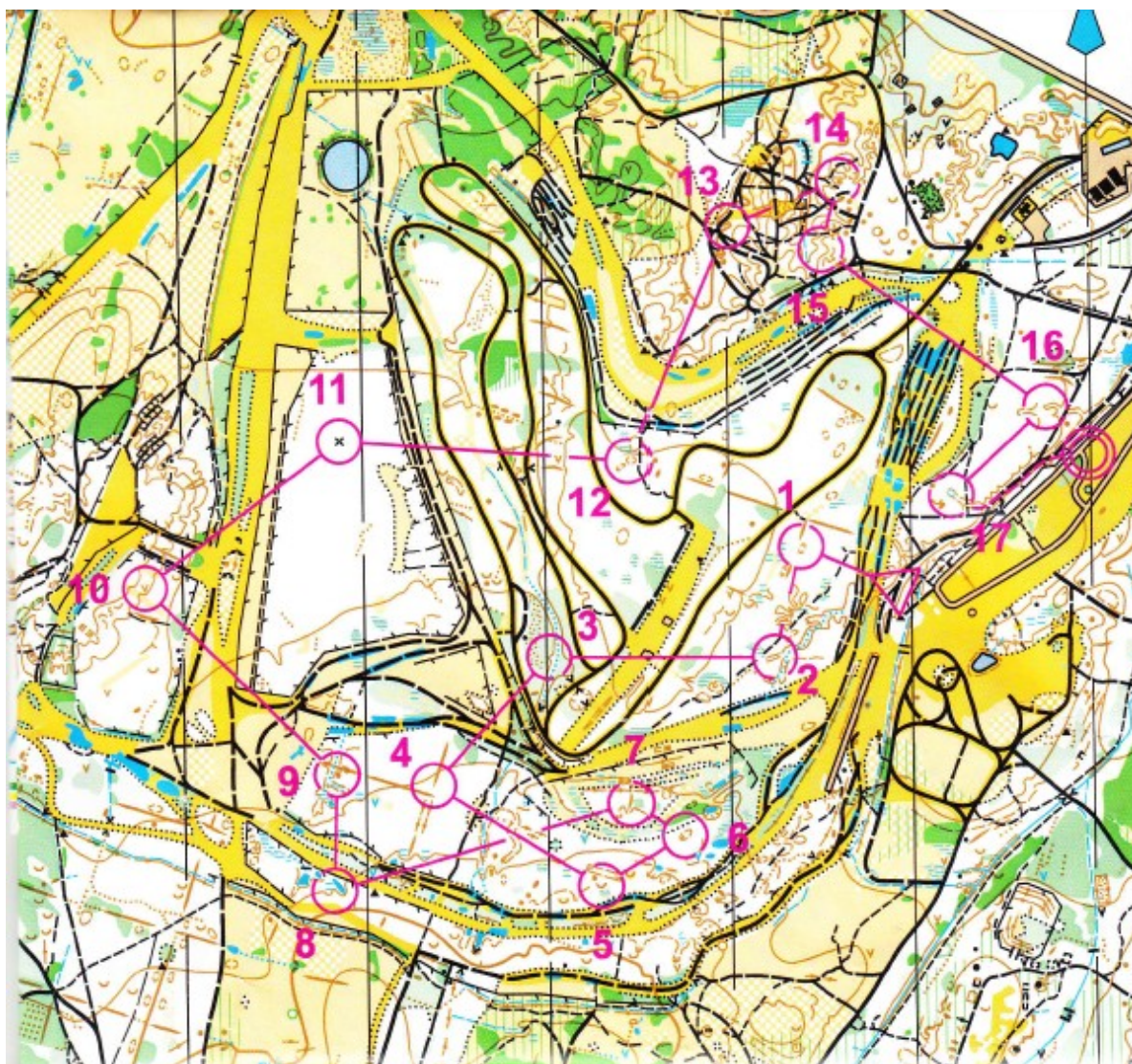
They parked clubs in blocks so you were immediately with all your club members. This worked really well. Also, the start and finish were both close to assembly, which is much appreciated in the winter.

The weather held out and we even had some sunshine.

I ran the short green vets course, which I found had plenty of challenge.

There is a loopy path system that looks easy on the map but can be really confusing on the ground. It nearly caught me out on my way to No. 3, but I made a quick correction and hit the control precisely. No. 5 looked easy – or so I thought. How I managed to lose 7 minutes I really don't know. Then, with nothing to lose, I

charged around the rest of the course, throwing caution to the wind. That seemed to work fine, especially for the nice tricky contoured area, north-west of the finish (controls 13 to 15) – please explain that to me someone.



SN have put a multitude of photos on their site, covering almost everyone on the run-in. SN also provided free T-shirts to all competitors. Also the top 3 teams in both the cup & trophy were awarded Compass Sport Umbrellas. Looking forward to next year's final.

Ian Peirce SARUM

SOME RANDOM IMPRESSIONS

What an event! Over 800 of the best competitors from all parts of Britain, so the competition was bound to be tough. I'm sure that for some WIMs this was the biggest event that they had ever been to, but with brilliant organisation most people enjoyed the day out even if the courses proved to be very technically demanding. Entering the event site you were greeted by a team from BAOC and a huge smooth grassy area divided into blocks with large labels designating a specific area for each club. Once you found your parking area you were immediately amongst friends and Trevor did a marvellous job as Club Captain 'meeting and greeting' everyone on arrival. The alphabetical layout positioned WIM perfectly for all event facilities, loos, shops, enquiries, finish and start all close at hand.

The weather was superb for December and with start slots from 10am to 12.30pm it was not long before a steady stream of WIMs set off to do battle. Remember that our friendly rivals SARUM were also in the Trophy hunt!

We'd been warned about 'Long Valley'. It's not really a valley, more a wide sandy heathland used by the Army for vehicle and infantry training so it has numerous tracks, gullies, pits, bumps and humps all covered for the most part by open birch and pine woodland which looks very much the same wherever you are. So it was a case of beware!

Start call up was at -5mins, as befits a major level A event, and after collecting control descriptions and a quick look at blank maps in -2 mins you were off on your course.

The Planner had put the start location in a broad gully so you couldn't see where people were going. Oh dear! Nothing for it but to set the compass and try to sort out what was shown on the map and the route to No1 which was nowhere near a path!. Two very technical controls with twists and turns followed and then came the first encounter with the dreaded track network. If you got it right tracks helped get you to an 'attack point' if not then the more you wandered hoping for something to turn up the more likely you were to get completely disorientated. 'They all look the same' was an over heard cry! The mixture of tracks and pathless yet runnable woodland meant that you had to be prepared to switch technique constantly and with so many people running to a multitude of controls you had to believe in your decision making whilst keeping a wary eye on other competitors who just might have found that knoll, pit or depression that you were looking for. The sudden changes of direction and terrain tested everyone, but it was a relief to find that most of the area was really runnable with few brashings and no brambles.

On longer 'legs' it was tempting to 'relax' and run, but there was the ever present danger of picking the wrong track or path some of which looked like twisted spaghetti on the map and it was vital to keep counting if you were to reach your next control. All this could make your brain ache and it was quite possible to lose contact with the map leading to the 'apres O' discussion as to "Why was I so stupid!!"

One very useful part of the organisation was an excellent and informative commentary which was genuinely worth listening to in the assembly area. It had another benefit too. If you were within earshot up to 1k from the Finish you could hear the PA which if you were lost gave a useful general direction bearing! There weren't any echoes either!.

Approaching the Finish always gets the adrenaline going. Run faster! Impress your friends or get it over with, all are motives! With a radio link it was possible that your arrival would be announced over the PA as you punched the penultimate control after which you could sprint through cheering crowds to the finish line. Well that was a nice dream anyway!

How did WIM do? Our early start times put us in an early lead but rivals gradually overtook us and we were narrowly placed in 4th position just behind SARUM. Keith Henderson had a brilliant run to win his course and our best placed lady was Sarah Horsler 2nd in her class For some people it was an 'If only' day. If only, I'd seen that track, gully, pit, vegetation boundary!, run harder etc, etc. You name it, it has happened. However isn't this the joy/frustration that we enjoy in our sport. It's unpredictable. Orienteering is a challenge both physically and mentally and the CompassSport Trophy certainly challenged everyone's abilities.

Next year the Final is in the Lake District so you can guess what sort of challenge awaits. All WIM has to do is to qualify!

Well done everyone and thanks go to SN, BAOC and GO for planning and organising a memorable event.

John Warren WIM

FIXTURES

Downloaded 31st December with selected edits by Richard Sansbury

January 2015

17th Level D **Kerno Night Series 5**

Penhale Sands, Perranporth, [SW769548](#)

Entry times: 17.00 - 18.00. No dogs allowed.

Organiser: Roger Hargreaves, rogerh9999@hotmail.co.uk, 01872 277320

17th Level D **Quantock Orienteers After Dark 3**

Culm Davy, Wellington, [ST125166](#)

Entry times: 17.00 - 17.45. Dogs allowed.

Organiser: Judy Craddock, 01823 323850

18th Level C **NGOC Galoppen**

Coopers Hill, Gloucester, [SO884137](#)

Dogs to be kept under strict control at all times.

Organiser: Roger Edwards

For further information contact the club secretary, see inside back page

18th Level D **Devon League Event No.4**

Five Tors, Tavistock, [SX530751](#)

Entry times: 10.30 until 12.30. Dogs must be under control at all times.

Organiser: Graham Dugdale, graham210351@talktalk.net, 01626 852944

21st Level D **BAOC Military League South**

Everleigh, Tidworth

24th Level D **NGOC Western Night League**

Knockalls Enclosure, Coleford, [SO550125](#)

Entry times: From 18.00 or when it gets dark.

Dogs to be kept under strict control at all times.

Organiser: Paul Taunton, paul.taunton@tesco.net, 01594 529455

24th Level D **DEVON Devon/Cornwall night Event**

Virtuous Lady, Yelverton, [SX504691](#)

Dogs: Dogs must be under control at all times.

Organiser: Paul Glanville, glani@msn.com, 01822 617713

25th Level D **BOK Club and ASO Event**

Tyntesfield, Bristol, [ST506715](#)

Entry times: 1000 - 1200. Organiser: Louise Tonge, 01761 472352

25th Level C **Kerno Forest League 5**

Penhale Sands, Perranporth, [SW769548](#)

Entry times: 10.30-13.30. Dogs allowed.

Organiser: Richard Bown, jeanlbown@gmail.com, 01726 843491

February 2015

1st Level C **QO Galoppen**

Rams Combe, Taunton, [ST164381](#)

Entry times: 10.00 - 12.00. Dogs allowed.

Organiser: Steve Robertson, srober100@gmail.com, 01823 430071

2nd Level D WIM WIM/WSX Monthly Evening event

Bournemouth University and Slades Farm, Bournemouth

Entry times: 6.00pm - 6.45pm courses close 7.45pm. No dogs allowed.

Organiser: Christopher Branford, candl.branford@btinternet.com, 012584 53716

4th Level D BAOC Military League South

Bulford Ridge

7th Level D NWO Four Colour (YOGB)

Copse Wood, Marlborough, [SU281618](#)

No dogs allowed. Organiser: Richard Jackson, beccajackson868@gmail.com

For further information contact the club secretary, see inside back page

7th Level D BOK Saturday Winter Series

Bathampton, Bath, [ST779642](#)

Entry times: 1130 - 1230.

Organiser: Peter Stagg, 01225 758095

7th Level D BOK Western Night League

Bathampton, Bath, [ST779642](#)

Entry times: Nightfall for one hour.

7th Level D Quantock Orienteers After Dark 4

Lydeard Hill, Taunton, [ST180338](#)

Entry times: 17.00 - 17.45. Dogs allowed.

Organiser: Judy Craddock, 01823 323850

14th Level D Wessex Informal and Night League,

Holton Lee, Poole, [SY962913](#)

For further information contact the club secretary, see inside back page

14th Level D NGOC League 1

Painswick Beacon, Painswick, [SO870117](#)

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.

Dogs to be kept under strict control at all times.

Organiser: Simon Denman, swdenman@gmail.com

14th Level D DEVON Devon/Cornwall night Event

Plym Woods, Plymouth

Dogs must be under control at all times.

Organiser: Steve Edmonds, pedmonds@plymouth.ac.uk, 01752 406519

15th Level C WIM Winter Warmer

Hale Purlieu, New Forest, Fordingbridge, [SU214178](#)

Entry times: 10.30am - 12.30pm starts - courses close 2.00pm.

Dogs allowed but must be on short lead at all times.

Organiser: John Warren, johnandbarbarawarren@yahoo.co.uk, 01425 474861

15th Level C Kerno Forest League 6

Mount Edgcumbe, Torpoint, [SX450525](#)

Entry times: 10.30-13.30. No dogs allowed.

Organiser: Mark Lockett, marklucylockett@gmail.com, 01626830213

21st Level D NGOC Western Night League

Minchinhampton Common, Stroud, [SO858012](#)

Entry times: From 18.00 or when it gets dark.

Dogs to be kept under control at all times.

Organiser: John Fallows, john@greyeye.co.uk, 01684 290256

21st Level D SARUM Dorset Schools + limited Colour Coded + Wessex Night League

(All details to be confirmed)

Vernditch Woods, Salisbury

Organiser: Charlotte Thornton

For further information contact the club secretary, see inside back page

22nd Level D BOK Club Event

Sandford & Lyncombe Hill, Weston-Super-Mare, [ST421590](#)

Entry times: 1000 - 1200. Organiser: Cecilie Andersen, 01275 814387

28th Level D Devon League Event No.5

Holne Moor, (to be confirmed)

Entry times: 10am until 12am. Dogs must be under control at all times.

Organiser: Steve Perrelle, steveperrelle@blueyonder.co.uk, 01803 401805

28th Level D Quantock Orienteers After Dark 5

Cothelstone Hill, Taunton, [ST201327](#)

Entry times: 17.00 - 17.45. Dogs allowed.

Organiser: Judy Craddock, 01823 323850

March 2015

1st Level D NWO Four Colour (YOGB)

Hens Wood, Marlborough, [SU246686](#)

No dogs allowed

For further information contact the club secretary, see inside back page

2nd Level D WSX Wessex Club Night and Night League

Brownsea Island, Poole, [SZ032876](#)

For further information contact the club secretary, see inside back page

7th Level D BOK Saturday Winter Series

Worlebury, Weston Super Mare, [ST326626](#)

Entry times: 1130 - 1300.

Organiser: John Parfitt, 01985 216371

8th Level B Sarum Saunter

Sidbury Hill, Salisbury (to be confirmed)

Organiser: Charlotte Thornton

For further information contact the club secretary, see inside back page

15th Level B SARUM CompassSport Cup Heat

Fonthill, Salisbury

Organiser: Liz Yeadon

For further information contact the club secretary, see inside back page

21st Level D NGOC League 2

Mallards Pike West, Cinderford

Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.
Dogs to be kept under strict control at all times.
Organiser: Gill Stott, apg.stott@btinternet.com, 01291 689471

22nd Level C Wessex Galoppen and Yvette Baker Qualifier

Rushmore Estate, Shaftesbury, [ST978173](#)
For further information contact the club secretary, see inside back page

25th Level D BAOC Military League South Individual Championships
Copehill Down

28th Level D WIM Dorset Schools and Informal
StoneBarrow Hill, Charmouth, Charmouth, Dorset, [SY383933](#)
Entry times: 12.30 - 2.00pm starts - courses close 3.00pm.
Dogs must be under control and on a short lead at all times as grazing livestock on area.
Organiser: Mike Kite, mike.kite@hotmail.co.uk, 01308 422455

29th Level D Quantock Orienteers Forest League 5
Crowcombe Heathfield, Taunton, [ST127343](#)

Entry times: 11.00 - 13.00. Dogs allowed.
Organiser: Chris Philip, 01823 252938

29th Level C Kerno Forest League 7
Hustyn Woods, Wadebridge, [SW984690](#)
Entry times: 10.30-15.30. No dogs allowed.
Organiser: Ivor Marshall, ivor.gill@btopenworld.com, 01208 813228

April 2015

11th Level D NGOC League 3
Danby Lodge, Blakeney
Entry times: Registration 11.30 - 13.00. Starts 11.30 - 13.30.
Dogs to be kept under control at all times.
Organiser: Stephen Robinson, stephen_robinson@ntlworld.com, 01594 841743

12th Level C Sarum SCOA League event
Hamptworth, Salisbury
Organiser: Pat Hart
For further information contact the club secretary, see inside back page

12th Level D Quantock Orienteers Forest League 6
Copley Wood and Combe Hill, Chard, [ST505327](#)
Entry times: 11.00 - 13.00.
Organiser: Jeff Pakes, 01823 321900

13th Level D WIM WIM/WSX Monthly Evening event
Potterne Park, Verwood, Verwood
Entry times: 6.00pm - 6.45pm courses close 7.45pm. No dogs allowed.
Organiser: Andrew French, karen.e.french@virgin.net, 01202 814958

18th Level A BOK British Long Distance Orienteering Championships (UKOL)
New Beechenhurst, Forest of Dean, [SO620121](#)
Dogs allowed.
Organiser: Katy Dyer, 01179 684173

19th Level A BOK British Relay Orienteering Championships

Cannop Ponds, Forest of Dean, [SO620121](#)

Dogs allowed.

Organiser: Howard Thomas, 01666 510655

25th Level C Kerno Forest League 8

Hardhead Downs, Bodmin, [SX161712](#)

Entry times: 10.30-13.30. No dogs allowed.

Organiser: Annabel Pring, annabel@pringfamily.co.uk, 01208 873502

26th Level C NWO Galoppen

Marlborough (to be confirmed)

Organiser: Rebecca Jackson

For further information contact the club secretary, see inside back page

GALOPPEN TABLES 2014/15
Top 20 places or those with 1000 points

		BOK	Kerno	Total	No.	
BROWN						
1	Chesters (Ben) SARUM	M35	897	1000	3849	4
2	Rowe (Sean) DEVON	M18	752	728	2173	3
3	Welch (Colin) BOK	M55	535	600	2106	4
4	Newall (Phil) KERNO	M50	0	699	2065	3
5	Rimes (Andy) QO	M50	609	690	1995	3
6	Hallett (Clive) BOK	M50	1000	0	1980	2
7	Hick (Robert) WSX	M50	537	638	1802	3
8	Hargreaves (James) BOK	M21	0	892	1758	2
9	Hallett (Michael) BOK	M18	849	0	1733	2
10	Owen (Matthew) BOK	M45	755	0	1580	2
11	Agmen (Keith) BOK	M21	800	764	1564	2
12	Burley (Mark) BOK	M21	809	0	1555	2
13	Cronin (Richard) NGOC	M21	628	0	1340	2
14	Reynolds (Andrew) DEVON	M45	0	699	1337	2
15	Daniel (Charles) BOK	M55	627	0	1297	2
16	Grover (Tommi) BOK	M35	598	0	1261	2
17	Smith (Fraser) WIM	M16	540	0	1121	2
18	Parkinson (Jamie) DEVON	M21	0	0	1000	1
		BOK	Kerno	Total	No.	
BLUE						
1	Parkinson (Rob) DEVON	M55	929	1000	3929	4
2	Fletcher (Brian) QO	M40	922	884	3660	4
3	Butt (Jeff) SARUM	M50	810	654	2978	4
4	Simmons (John) BOK	M60	816	846	2467	3
5	Chesters (John) DEVON	M60	607	619	2421	4
6	Simmons (Alison) BOK	W55	709	700	2221	3
7	Wimpenny (Mike) DEVON	M65	805	661	2190	3
8	Newall (Adele) KERNO	W50	0	676	2053	3
9	Andersen (Cecilie) BOK	W18	1000	0	1975	2
10	Mccall (Allan) NGOC	M45	700	738	1961	3
11	Austerberry (Judith) NGOC	W40	0	884	1805	2
12	Moncaster (Chris) KERNO	M60	0	856	1613	2

13 Hallett (Jackie) BOK	W55	717	0	1519	2
14 Knipe (Matthew) QO	M50	0	506	1505	3
15 Modica (Spencer) QO	M45	0	790	1443	2
16 Olds (Barry) KERNO	M60	0	726	1422	2
17 Hockey (Nick) DEVON	M65	0	684	1412	2
18 Saxtoft (Christian) BOK	M50	657	0	1353	2
19 Reynolds (Alison) DEVON	W45	0	705	1339	2
20 Mullins (David) SARUM	M65	0	0	1330	2

BOK Kerno Total No.

GREEN

1 Hext (Tony) QO	M65	802	642	2976	4
2 Hasler (Chris) QO	M45	822	622	2054	3
3 Trayler (John) QO	M70	683	0	1978	3
4 Craddock (Roger) QO	M70	647	508	1867	3
5 Dennis (Rachel) BOK	W45	957	0	1709	2
6 Chesters (Ruth) DEVON	W60	0	416	1438	3
7 Raynsford (Richard) BOK	M65	658	0	1430	2
8 Stimson (Ken) NWO	M65	830	0	1420	2
9 Hargreaves (Roger) KERNO	M65	0	617	1379	2
10 Taunton (Rosalind) NGOC	W60	682	0	1227	2
11 Andersen (Susanne) BOK	W50	661	0	1221	2
12 Wimpenny (Torja) DEVON	W55	630	509	1139	2
13 Mullins (Denise) SARUM	W60	0	0	1098	2
14 Kite (Mike) WIM	M65	0	0	1050	2
15 Boswijk (Kim) DEVON	W55	0	498	1045	2
16 Rossington (Richard) BOK	M50	455	0	1009	2
17 Hudd (Joe) BOK	M12	1000	0	1000	1
18 Fox (Harry) DEVON	M14	0	1000	1000	1
19 Falconer (Jason) WSX	M40	0	0	1000	1
20 Bowles (Ella) DEVON	W55	0	0	1000	1

BOK Kerno Total No.

SHORT GREEN

1 Thornton (Charlotte) SARUM	W65	808	739	2760	4
2 Thornton (Richard) SARUM	M70	718	668	2489	4
3 Hambleton (Peter) SARUM	M70	869	0	1869	2
4 Vigar (Bill) QO	M75	1000	0	1585	2
5 Hasler (Thomas) QO	M12	639	0	1585	3
6 Green (Jill) DEVON	W70	904	0	1536	2
7 Hambleton (Joan) SARUM	W70	754	0	1418	2
8 Dawson (Adrian) SARUM	M55	627	0	1192	2
9 Grierson (Flurry) DEVON	M12	0	0	1000	1
10 Boyt (Arthur) KERNO	M75	0	1000	1000	1

BOK Kerno Total No.

LIGHT GREEN

1 Somers (Meg) DEVON	W14	776	948	2588	3
2 Walker (Dominic) DEVON	M14	734	1000	2554	3
3 Horsler (Sarah) WIM	W14	0	0	1000	1
4 Grierson (Peter) DEVON	M50	0	0	1000	1
5 Grierson (Flurry) DEVON	M12	1000	0	1000	1

BOK Kerno Total No.

ORANGE

1	Shopland (Luke) QO	M14	910	814	3500	4
2	Daniels (Jan) QO	W55	446	0	1667	3
3	Whittingham (Darren) WIM	M12	0	0	1471	2
4	Owen (Guy) BOK	M10	564	0	1043	2
5	Thompson (Wilf) BOK	M14	1000	0	1000	1
6	Smith (Elliot) QO	M14	0	0	1000	1
7	Fox (Obbie) DEVON	M12	0	1000	1000	1
8	Godley (Oliver) DEVON	M12	0	899	899	1
9	Modica (Isabella) QO	W12	0	0	813	1
10	Owen (Ruby) BOK	W10	793	0	793	1
11	Rossington (James) BOK	M12	718	0	718	1
12	Kempton (Alan) BOK	M65	645	0	645	1
13	Ward (Rebecca) NGOC	W12	598	0	598	1
14	Price (Adam) KERNO	M21	0	561	561	1
15	Settington (Thomas) DEVON	M14	0	535	535	1
16	Edmonds (Steve) DEVON	M55	0	448	448	1
17	Oxenham (Jan) SARUM	W65	0	0	421	1
18	Cope (Elizabeth) BOK	W55	314	0	314	1

		BOK	Kerno	Total	No.
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YELLOW

1	Thompson (Ira) BOK	M12	1000	0	1000	1
2	Stephenson (Owen) DEVON	M12	0	1000	1000	1
3	Horsler (Elizabeth) WIM	W12	0	0	1000	1
4	Stagg (Edith) BOK	W10	999	0	999	1
5	Boutin (Georges) BOK	M12	966	0	966	1
6	Carr (Tim) BOK	M45	841	0	841	1
7	Stagg (Bryony) BOK	W10	836	0	836	1
8	Lawson (Reuben) NGOC	M10	814	0	814	1
9	Hayman (James) BOK	M10	736	0	736	1
10	Hayman (Daisy) BOK	W10	624	0	624	1
11	Barrows (Michelle) BOK	W40	592	0	592	1
12	Jackson (Rebecca) NWO	W35	553	0	553	1
13	Somers (Flo) DEVON	M10	0	552	552	1
14	Mathers (Natalya) NWO	W10	0	0	522	1
15	Thirkell (Janet) SARUM	W45	0	0	472	1
16	Pickering (Hilary) WIM	W60	0	0	397	1
17	Thirkell (Alice) SARUM	W10	0	0	351	1
18	Thirkell (Matilda) SARUM	W10	0	0	242	1

SWOA MEMBERS ON BOF BOARD OF DIRECTORS

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SWOA REPRESENTATIVES ON BOF COMMITTEES and GROUPS:

CHAIRMAN OF EVENTS & COMPETITIONS Chris James. NGOC

EVENT SCHEDULING GROUP Richard Sansbury, QO

MAP GROUP. Bill Brown, WSX

TRAIL O Dick Keighley, WIM

CLUB SECRETARIES:

BOK www.bristolorienteeing.org.uk

David Palmer: 58 Wolfridge Ride, Alveston, Bristol, BS35 3PR

secretary@bristolorienteeing.org.uk 01454 413846

DEVON: www.devonorienteering.co.uk

Steve Perrelle

steveperrelle@blueyonder.co.uk

01803401805

KERNO: www.cornwallorienteeing.org.uk

Arthur Boyt: Butterwell, Davidstowe, Camelford, PL32 9YF 01840261307

asboyt@aol.com

NGOC: <http://www.ngoc.org.uk>

Caroline Craig. 7 Aysgarth Avenue, Up Hatherley, Cheltenham, Glos. GL51 3RE

caroline.craig4@gmail.com 01242 528326

NWO: www.northwilts.org.uk

Ken Stimson

secretary@northwilts.org.uk

QO: www.quantockorienteers.co.uk

Richard Sansbury, Rose Cottage, Netherclay, Bishops Hull, Taunton, TA1 5ED,

enquiries@quantockorienteers.co.uk 01823 288405

SARUM: www.sarumo.org.uk

Joan Hambleton: The Beeches, Gomeldon Road, Porton, Salisbury, SP4 0JT

Joan

WSX: www.wessex-oc.org

Alan Hooper, 7 Verulam Road, Poole, Dorset BH14 0PP.

ajhooper@iee.org : 01202 746374

WIM: www.wimborne-orienteers.org.uk

Philip Harvey: Drapers Field, Chalbury Dorset BH21 7ER

felixffarquar@hotmail.com Tel: 01258 840126

UBOC: www.uboc.co.uk

Duncan Birtwistle: University of Bristol Orienteering Club University of Bristol Students Union, Queens

Rd. Clifton, Bristol BS8 1LN orienteeing.bristol@gmail.com

SCHOOLS ASSOCIATIONS

ASO

Jo Foster

secretary@avonschoolsorienteeers.org.uk

0117 9421572

SWOA OFFICIALS

CHAIRMAN

Christine Vince

3 Back lane, East Coker, Yeovil, BA22 9JN

SECRETARY

Katy Dyer

family.dyer@blueyonder.co.uk

tel: 0117 968 4173

TREASURER

Mark Lockett

marklucylockett@gmail.com.

Heathervale, Heathfield, Newton Abbott, TQ12 6RH Tel. 01626 830213

FIXTURES SECRETARY

Richard Sansbury (QO)

fixtures@sworienteeingassociation.co.uk

Rose Cottage, Netherclay, Bishops Hull, Taunton, Somerset, TA1 5ED

01823 288405

COMMITTEE.

Peter Brett (DEVON), Jeff Butt (SARUM),

Erik Peckett (DEVON), Christine Vince (KERNO),

COLOUR-CODED BADGE SCHEME

Anne Donnell (BOK) 0117 9494834
34, Westfield House, Cote Lane, Westbury – on – Trym. Bristol BS9 3TJ

COACHING

Christine Vince (KERNO) christine.vince2@btinternet.com
3, Back Lane, East Coker, Yeovil, Somerset, BA22 9JN 01935-863429

S.W. JUNIOR SQUAD

Jeff Butt (SARUM) jnbutt@aol.com
Broadacres, The Ridge, Woodfalls, Salisbury, SP5 2LQ. 01725 510546

GALOPPEN

Joff Henley (WSX) joff.henley@gmail.com
07711 797123

RECORDER OF CONTROLLERS

Arthur Vince (KERNO) arthur.vince@btinternet.com
3 Back lane, East Coker, Yeovil, BA22 9JN

SINS

Susan Hateley (DEVON) susan@susanhateley.wanadoo.co.uk
35, Daneshay, Northam, Bideford, Devon EX39 1DG 01237 475146

SWOA WEBSITE www.sworienteeringassociation.co.uk.

Editor Katy Dyer see SWOA secretary
Technical Manager Nathan Fernandes nath@veudesign.co.uk,

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