

WAFFLE

November 2006

Website:www.wimborne-orienteers.org.uk

Chairman's column

This is my second stint in the WIM Chair and my first task is to thank the outgoing Chairman, Peter Brett and also Tim Britton and Sue Spillar, who have all stepped down after several years on the committee and thank them for their services to the club. Committee membership had been pretty stable for some time, so in new members Tamsin Horsler and Jo Pickering.we welcome new blood and some fresh ideas.

The next orienteering year promises to be a busy one for WIM. In addition to maintaining our usual fixtures we face the additional challenges of running the Trail-O events at next year's JK in the Forest of Dean and, together with SARUM, our next door neighbours, organising the 2007 British Schools Championships.

In addition, we hope to qualify for the Clubmark award within the next 12 months but to do that we need to jump through a few more hoops and send people on various courses . We will be looking for lots of help and support from our membership -don't be surprised if the phone rings!

Finally, the committee has decided to award Life Membership of the the club to Helen Bridle in recognition of her outstanding international performances over the last year. We made this presentation to her when she came to Canford on November 3rd to speak about her international experiences.

Dick Keighley

Memberships

You are probably getting jaded by the constant references to membership for 2007! Just to update you, 'Full BOF' members will receive their renewal notices direct from BOF in the usual way. 'Club only' members have had a letter with an application form which should be completed and sent to Trevor Bridle as soon as possible.

AGM 2006

The 38th AGM of Wimborne Orienteers was held at Canford School on Friday October 13th with 29 members present. Peter Brett, the retiring Chairman, was absent at a family funeral until half way through the evening, therefore his chairman's speech was read by the secretary, John Warren.

Club Treasurer Trevor Bridle presented a detailed analysis of the past year, which ended with an account credit of £4822-90.

Election of Officers: Peter Brett had completed 3 years in office and the meeting passed a vote of thanks for all his work over that period. Dick Keighley was elected as new chairman but made it clear that he hoped it would be for 1 year only.

John Warren and Trevor Bridle were re-elected as secretary and treasurer. Peter Brett, Sue Spillar and Tim Britton wished to stand down from the committee and were thanked for their excellent services to the club. Lynn Branford, Kirsty Staunton, John Shucksmith and Noel Smith were re-elected and Joanne Pickering and Tamsin Horsler were newly elected.

An amendment to the constitution regarding age groups was adopted to bring WIM into line with BOF guidelines. The changes in the new BOF membership scheme had been explained in Waffle and the meeting agreed that all WIM members should become 'National BOF Members' from January 2007, with a 'Newsletter subscription' available to anyone who would simply like to keep in touch with club activities.

AOB: John Tilsley reported that the club had been awarded a £5000 grant by the National Lottery for S/I equipment for use in Dorset Schools.

Keith Henderson reported on a joint coaching programme being developed in conjunction with SARUM, WSX and SOC.

Trevor Bridle reported on a new competition to be run annually at the November Classic in memory of Ron Wilton and to be called the Founder's Trophy.

Tim Britton reported on various delays in obtaining colour samples which has hampered progress on new club O tops.

Cris Tween queried the possibility of family entry fee discounts for large families at WIM events. This to be discussed by the committee.

The meeting closed at 8.50pm and was followed by refreshments prior to a presentation by Rowan Brockhurst on 'The National Parks of England and Wales' beautifully illustrating the varied scenery found throughout the country.

Since the AGM the committee has asked Mike Furlong to join the committee to provide liaison between WIM and Army orienteering.

Recent Events

The new season has got off to a busy start for WIM with three events so far this autumn. I'm sure that you all know that events don't just happen! Its doesn't matter whether they are large or small, there is always a lot of preparatory work by a lot of people and for this reason alone we should celebrate 3 great successes. The Caddihoe Chase at Bovington was a joint effort with WSX with WIM responsible for Day 2 with the 'Chasing Start' to keep both competitors and officials in a high state of excitement! Everyone appreciated the hard-standing parking, but in the dry conditions didn't always enjoy the ankle breaking grooves and gullies of the tank training area. The lead officials were David Bland as Organiser and overall event co-ordinator, with John and Di. Tilsley setting the courses.





Scenes from Somerley Park – pictures by Chris Branford

As ever, the stalwart computing team were on hand and the prize-giving allowed everyone to depart far and wide by the early afternoon.

In early October the first of the Dorset Schools league events took place at Blandford Camp thanks to the good offices of our friends in the Army. Mark Bentley planned courses with the rest of the team being Trevor Bridle, Lynn and Chris Branford. There was a worry that holding the event on a Saturday afternoon wouldn't be attractive, but the wonderful fine warm weather led to a first rate turnout with excited competitors crowding round the results sheets. Electronic punching certainly has put a whole new complexion on schools orienteering with instant results and updates helping to create a vibrant atmosphere.

On the last weekend in October another Schools League event was held this time at the new location of Somerley Park, near Ringwood. Lynn and Chris Branford were the planners this time and such was the turnout that several courses ran short of maps! We suspect that because Somerley had never been previously used for orienteering that many people came out of curiosity. The reaction to spectacular parkland scenery on a glorious summer-like day was 'Why have you been hiding this area for so long? And 'When are we coming back again? Watch this space for 'Sprint-O', Park 'O' and the 'Furrow Hoppers'!!

Wimborne Orienteers Club League

Place	Name	Class	Α	В	С	D	E	F	G	Score	Events	Total
1	T. Horsler	W35	81	77	100	72	86	60	76	492	7	552
2	J. Shucksmith	M55	90	87	80	79	77	77	63	490	7	553
3	M. Spillar	W21	83	66	80	66	87	73	93	482	7	548
4	C. Branford	M60	83	80	69	77	70	63	79	458	7	521
5	R. Brightman	M65		61	82	71	77	66	80	437	6	437
6	S. Horsler	M40	78	79	79	71	68	56	0	431	7	431
7	T. Furlong	M16	75		100	82		76	85	418	5	418
8	J. Bland	W65	83	67	85	69	54		52	410	6	410
8	S. Lawrence	W70	100	65	77	75		45	48	410	6	410
10	K. Staunton	W45	80	80	95	74	80			409	5	409
11	H. Bolton	W40	62	83	72	66	64	60	57	407	7	464
12	D. Bland	M65	71	82	49	54	58		66	380	6	380
13	S. Hands	W55	98	52			91	63	72	376	5	376
14	V. Crawford	W65		69	100	93	100			362	4	362
15	M. Kite	M55	65	62	57	56	59	53	60	359	7	412
16	J. Ranson	M21	100	92			81		78	351	4	351
17	T. Britton	M21	80	83	96	89		0		348	5	348

K. Hodge	W12	74	60	91	63		53		341	5	341
J. Warren	M65		80	69	47		61	80	337	5	337
J. Stanley	W55	67		62		76	58	71	334	5	334
B. Warren	W70		60	100	62		39	57	318	5	318
L. Branford	W55			56	52	75	58	67	308	5	308
J. Pickering	W18	75			58		93	79	305	4	305
K. Henderson	M60		78	82	76	68			304	4	304
R. Hills	M70	73	71			64	78		286	4	286
C. Hodge	W14	50	67	74	42		45		278	5	278
B. Roberts	M21			94	89		88		271	3	271
M. Furlong	M45			70	61		67	55	253	4	253
H. Pickering	W50			71	59		62	58	250	4	250
D. Tonge	M65	63	0	55	43	41		47	249	6	249
A. Bolton	W16	66	100				81		247	3	247
M. Heath	M70		71	44		47	38	47	247	5	247
A. Brett	M21				74		77	87	238	3	238
K. French	W35	80		93			62		235	3	235
M. Hawker	W40			68	87		61		216	3	216
M. Christopher	M50		68	64	71				203	3	203
K. Pickering	M55		58		82			63	203	3	203
N. Smith	M40	75	52		73				200	3	200
J. Tilsley	M60		86		58		53		197	3	197
B. Hodge	M40	50	40		56		50		196	4	196
S. Branford	M21				62	59		65	186	3	186
J. Walmsley	M50		0	60			58	66	184	4	184
D. Warne	M40	65			54			54	173	3	173
E. Staunton	M50			51	63	51			165	3	165
R. Moore	M50	53	67	42					162	3	162
A. Dobson	M21				79			81	160	2	160
J. Crompton	W65			90	68				158	2	158
S. Spillar	W55		54		53	50			157	3	157
E. Brett	M50	66	79						145	2	145
	J. Warren J. Stanley B. Warren L. Branford J. Pickering K. Henderson R. Hills C. Hodge B. Roberts M. Furlong H. Pickering D. Tonge A. Bolton M. Heath A. Brett K. French M. Hawker M. Christopher K. Pickering N. Smith J. Tilsley B. Hodge S. Branford J. Walmsley D. Warne E. Staunton R. Moore A. Dobson J. Crompton S. Spillar	J. Warren M65 J. Stanley W55 B. Warren W70 L. Branford W55 J. Pickering W18 K. Henderson M60 R. Hills M70 C. Hodge W14 B. Roberts M21 M. Furlong M45 H. Pickering W50 D. Tonge M65 A. Bolton W16 M. Heath M70 A. Brett M21 K. French W35 M. Hawker W40 M. Christopher M50 K. Pickering M55 N. Smith M40 J. Tilsley M60 B. Hodge M40 S. Branford M21 J. Walmsley M50 D. Warne M40 E. Staunton M50 R. Moore M50 A. Dobson M21 J. Crompton W65 S. Spillar W55	J. Warren M65 J. Stanley W55 67 B. Warren W70 L. Branford W55 J. Pickering W18 75 K. Henderson M60 R. Hills M70 73 C. Hodge W14 50 B. Roberts M21 M. Furlong M45 H. Pickering W50 D. Tonge M65 63 A. Bolton W16 66 M. Heath M70 A. Brett M21 K. French W35 80 M. Hawker W40 M. Christopher M50 K. Pickering M55 N. Smith M40 75 J. Tilsley M60 B. Hodge M40 50 S. Branford M21 J. Walmsley M50 D. Warne M40 E. Staunton M50 R. Moore M50 S. Spillar W55	J. Warren M65 80 J. Stanley W55 67 B. Warren W70 60 L. Branford W55 J. Pickering W18 75 K. Henderson M60 78 R. Hills M70 73 71 C. Hodge W14 50 67 B. Roberts M21 M. Furlong M45 H. Pickering W50 D. Tonge M65 63 0 A. Bolton W16 66 100 M. Heath M70 71 A. Brett M21 K. French W35 80 M. Hawker W40 M. Christopher M50 68 K. Pickering M55 58 N. Smith M40 75 52 J. Tilsley M60 86 B. Hodge M40 50 40 S. Branford M21 J. Walmsley M50 D. Warne M40 65 E. Staunton M50 R. Moore M50 53 67 A. Dobson M21 J. Crompton W65 S. Spillar W55 54	J. Warren M65 80 69 J. Stanley W55 67 62 B. Warren W70 60 100 L. Branford W55 56 J. Pickering W18 75 K. Henderson M60 78 82 R. Hills M70 73 71 C. Hodge W14 50 67 74 B. Roberts M21 94 M. Furlong M45 70 H. Pickering W50 71 D. Tonge M65 63 0 55 A. Bolton W16 66 100 M. Heath M70 71 44 A. Brett M21 K. French W35 80 93 M. Hawker W40 68 M. Christopher M50 68 64 K. Pickering M55 58 N. Smith M40 75 52 J. Tilsley M60 86 B. Hodge M40 50 40 S. Branford M21 J. Walmsley M50 0 60 D. Warne M40 65 E. Staunton M50 51 R. Moore M50 53 67 42 A. Dobson M21 J. Crompton W65 90 S. Spillar W55 54	J. Warren M65 67 69 47 J. Stanley W55 67 62 B. Warren W70 60 100 62 L. Branford W55 56 52 J. Pickering W18 75 56 52 K. Henderson M60 78 82 76 R. Hills M70 73 71 C. Hodge W14 50 67 74 42 B. Roberts M21 94 89 M. Furlong M45 70 70 61 H. Pickering W50 71 59 D. Tonge M65 63 0 55 43 A. Bolton W16 66 100 M. Heath M70 71 44 A. Brett M21 74 K. French W35 80 93 M. Hawker W40 68 87 M. Christopher M50 68 64 71 K. Pickering M50 68 64 71 K. Pickering M50 68 64 71 K. Pickering M50 68 64 71 J. Tilsley M60 86 58 B. Hodge M40 75 52 73 J. Tilsley M60 86 58 B. Hodge M40 50 40 56 S. Branford M21 62 J. Walmsley M50 0 60 D. Warne M40 65 54 E. Staunton M50 53 67 42 A. Dobson M21 79 J. Crompton W65 54 58 S. Spillar W55 54	J. Warren M65 80 69 47 J. Stanley W55 67 62 76 B. Warren W70 60 100 62 L. Branford W55 56 52 75 J. Pickering W18 75 58 58 K. Henderson M60 78 82 76 68 R. Hills M70 73 71 64 B. Roberts M21 94 89 M. Furlong M45 70 61 H. Pickering W50 71 59 D. Tonge M65 63 0 55 43 41 A. Bolton W16 66 100 M. Heath M70 71 44 47 A. Brett M21 74 K. French W35 80 93 M. Hawker W40 68 87 M. Christopher M50 68 64 71 K. Pickering M55 58 82 N. Smith M40 75 52 73 J. Tilsley M60 86 58 B. Hodge M40 50 40 56 S. Branford M21 65 54 59 J. Walmsley M50 65 50 50 D. Warne M40 65 50 51 63 51 R. Moore M50 53 67 42 A. Dobson M21 79 J. Crompton W65 90 68 S. Spillar W55 54 53 50	J. Warren M65	J. Warren M65	J. Warren M65 80 69 47 61 80 337 J. Stanley W55 67 62 76 58 71 334 B. Warren W70 60 100 62 39 57 318 L. Branford W55 56 52 75 58 67 308 J. Pickering W18 75 58 93 79 305 K. Henderson M60 78 82 76 68 304 R. Hills M70 73 71 64 78 286 C. Hodge W14 50 67 74 42 45 278 B. Roberts M21 94 89 88 271 M. Furlong M45 70 61 67 55 253 H. Pickering W50 71 59 62 58 250 D. Tonge M65 63 0 55 43 41 47 249 A. Bolton W16 66 </td <td>J. Warren M65 80 69 47 61 80 337 5 J. Stanley W55 67 62 76 58 71 334 5 B. Warren W70 60 100 62 39 57 318 5 L. Branford W55 56 52 75 58 67 308 5 J. Pickering W18 75 58 68 70 305 4 K. Henderson M60 78 82 76 68 304 4 K. Henderson M60 78 78 82 76 68 304 4 K. Henderson M60 78 78 82 45 286 4 C. Hodge W14 50 67 74 42 45 278 5 B. Roberts M21 71 79 61 67 55 253 4 <</td>	J. Warren M65 80 69 47 61 80 337 5 J. Stanley W55 67 62 76 58 71 334 5 B. Warren W70 60 100 62 39 57 318 5 L. Branford W55 56 52 75 58 67 308 5 J. Pickering W18 75 58 68 70 305 4 K. Henderson M60 78 82 76 68 304 4 K. Henderson M60 78 78 82 76 68 304 4 K. Henderson M60 78 78 82 45 286 4 C. Hodge W14 50 67 74 42 45 278 5 B. Roberts M21 71 79 61 67 55 253 4 <

50	P. Staunton	M16	81			59				140	2	140
51	C. Christopher	W55		74		64				138	2	138
52	C. Warne	W40	43			49			41	133	3	133
52	T. Bridle	M60				60			73	133	2	133
54	P. Harwood	W75	36				3	37	59	132	3	132
55	M. Bentley	M35				60	6	35		125	2	125
56	D. Tilsley	W50		61		61				122	2	122
57	S. Hawker	M40			59	60				119	2	119
58	J. Warne	M16	52			53				105	2	105
58	P. Fale	M70	52			53				105	2	105
60	J. Smith	W35		48			4	18		96	2	96
60	B. Penny	M60	49	47						96	2	96
62	M. Buckland	W60	94				0			94	2	94
63	W. White	W60		38			5	52		90	2	90
64	J. Richardson	W35		28			3	30	30	88	3	88
65	C. Morris	W50	51	32						83	2	83
66	A. McMurtry	W55			79					79	1	79
67	P. Pickering	M21							76	76	1	76
68	T. Staunton	M21				74				74	1	74
69	P. Brett	M55				67				67	1	67
69	A. Cunnington	W14					6	67		67	1	67
71	C. Tween	W65			66					66	1	66
72	J. Pawsey	M14					6	35		65	1	65
73	N. Smith	M16	63							63	1	63
74	E. Morris	M16	61							61	1	61
75	C. Evans	M50					5	59		59	1	59
76	M. Heath	M70	54							54	1	54
77	P. Smith	M45	0			53				53	2	53
77	R. Holehouse	M55		53						53	1	53
79	H. Miller	W16					5	52		52	1	52
80	H. Purdue	M16					5	51		51	1	51
81	C. Isaacson	M12		49						49	1	49

81	M. Bridle	W50					49	49	1	49
83	S. Warne	M18	45					45	1	45
83	A. Mitchell	M35					45	45	1	45
85	E. Evans	W50					42	42	1	42
86	H. Hodge	W40			4	1 1		41	1	41
87	C. McMurtry	M65			39			39	1	39
88	A. Bentley	M10			3	35		35	1	35
89	F. Smith	M10	33					33	1	33
90	R. Keighley	M60					30	30	1	30
91	A. Heath	M40		29				29	1	29
92	H. Morris	M50	28					28	1	28
92	W. Ranson	W21		28				28	1	28
94	G. Brett	W60					20	20	1	20
95	B. Tonge	W60		0				0	1	0

Events:

- A. 5th February WIM: Godshill (43)
- B. 5th March SOC and WIM: Burley (46)
- C. 26th March WSX: Holmsley and Dur Hill (38)
- D. 9th April SN CSC: Wisley (53)
- E. 30th April BOK: Stourhead (24)
- F. 10th September SOC: Redshoot (46)
- G. 16th September WSX-WIM: Bovington (34)

Average WIM attendance: 41

Things you didn't know you had missed!

An embarrassing number of the general orienteering public have been doing silly things in the woods for a very long time! For those who weren't there in the 60's and 70's, or who have now forgotten, here is a selection of things that are no more.

Black and White OS maps

Before five colour maps came four colour maps, before that came three colours and before that black and white maps. The OS 1:25000 maps with 25ft contours(that's 7.62m) was the state of the art when orienteering started in this country. If you were lucky there might be a few corrections added, but often you were on your own. It is frequently alleged that people used to stop at a critical point on their courses to draw on features they could see on a distant hillside for use later in the course. I certainly got shown how to use coloured pencils to highlight the map before you started(streams in blue for example).

Master Maps

Copying your course from a master map was a standard part of all but the biggest events for many years. With practice you could save seconds if not minutes here, although you had to live with the ever-present threat of copying a control in the wrong place, or leaving it

out entirely. Even this was not always disastrous, since some surreptitious hanging around at key points on the course often let you follow someone to the control you had marked incorrectly. As if master maps weren't bad enough there were frequently second master maps as well. This required you to transport a writing implement around the course at least as far as half way. The super-organised had special short pens with safety pins taped to them, I took a lower tech. approach of stuffing a red pen down my sock. Some even used a different colour for 2nd master maps to make it easier to work out which control you should be going to. Fighting for scarce space to copy the 2nd part of your course in pouring rain under a dubious plastic shelter when you were also dripping with sweat was a recipe for mis-marking the map.

Colourless O-kit

In the dark ages there was an unwritten rule (or possibly a written rule; I'm not sure) that you should make every effort to blend into the forest and remain invisible. There was certainly an absolute (but again possibly unwritten) ban on red, to avoid looking like a control. Thus O kit was inevitably dark brown, dark green, dark blue, or even black! You still see the odd O-top that has survived from this era, with an SN brown and green top being an example that I have seen recently. It's not that this faded disaster has suffered after 100 washes: it started out that colour! This all came to an abrupt end in the early 80's when SHUOC turned out in force wearing white, yellow and black. Nowadays nearly every club has moved to something a bit more colourful, one of the more striking local examples being SARUM. The long expected new WIM 'strip' will bring our white, yellow and maroon colours into the 21st century.

DIY results

Many readers will be unaware that there was a time when computers did not exist. Timing at events was left to a variety of special printing clocks, wrist watches, stop watches, kitchen clocks and presumably egg timers and sun dials if you back far enough. But this didn't stop you seeing everybody else's results on the day. The trick was the DIY results system. You were handed a slip of paper as you finished with your finish time on. You then filled in the rest of the details, calculated you time and proudly stapled your results slip on the washing line. Or you threw your slip away in disgust, refusing to display your ineptitude in public, and hoping that the finish team might lose your control card and thus omit you from the printed results as well. As you came through the finish your control card had a raffle ticket stapled to it, the number later correlated with the finish time for that number written down on a separate list of times. Then you had to check frequently soaked control cards for an accurate punch pattern. Oh unhappy days spent doing this sort of thing in falling snow!

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FAB AT 50! KIRSTY'S BIRTHDAY TREAT

I like beer and I love my wife. Two good reasons to go swimming with her.

Let me explain.

Kirsty is a good swimmer and trains 2 or 3 times a week. The sessions are coached by 2 brothers who are very good triathletes. They are also, handsome, intelligent, helpful, and have the bodies of Greek gods. Naturally this brings out my protective instincts, so I swim, and swimming is surprisingly thirsty work. It is a little known fact that Ringwood best bitter is an excellent antidote to chlorine and a perfect rehydration fluid.

Last year, the older of the two Adonis brothers took part in the Helvellyn triathlon. His description of the event was so enticing that Kirsty set her sights on taking part this year, to celebrate her 50th birthday. "Great idea" I said, "I can be your support team, bike mechanic, cheerleader, masseuse and counsellor all in one"

"Why don't we **both** do it" she said.....

It involves a 1 mile swim in Ullswater, a 38 mile bike around the Lake District and an 8 mile return trip to the top of Helvellyn.

September; early morning; Parkers field; Glenridding; Cumbria.

A mist is rising off the lake and fortunately there is very little breeze as I give Kirsty a kiss and we make our way into the water. The shallow margin drops suddenly away into the inky dark water and even with a wet suit the cold causes a sudden sharp involuntary intake of breath. Then the Klaxon sounds and we are off – 500 sets of splashing thrashing limbs, the first few minutes feels very frantic but we soon settle into a rhythm, glad to be going after the pre-race nerves and by now the sun was picking out some of the higher fells, the view was strikingly beautiful.

Next to the steamer pier was the exit point for the swim and an odd sensation takes over. 30 minutes of open water swimming does strange things to the balance organs of the middle ear, resulting in a slightly drunken stagger up the field to the waiting bicycles in the transition area. Wet suit off, then on with socks, shoes, helmet, sunglasses and away. The best do this in less than 30 seconds, Kirsty likes to make sure her hair looks nice, her toes are dry, wet suit neatly folded and she has chatted to everyone around her.

The first few minutes of the bike ride can feel chilly. You are still wet from the swim and the one piece 'tri suit' doesn't offer much protection. Just as we are warming up our concentration is again interrupted by a stunning vista up the lake as we head north on the rolling roads.

Thirty miles later the serious stuff starts. The 3 miles from Ambleside up to the Kirkstone Inn is known as the 'struggle', for very good reasons. Even in our easiest gear combination the gradient became too steep for most people to cycle up. I followed one sweating, groaning, labouring cyclist up the last 300 metres, and I was walking faster than he could ride!

Fell shoes, weatherproof clothing, map, compass and whistle are compulsory for the next section up Helvellyn. 750 metres of climb, for the most part taken at a fast walk, with only about 2k of running from Grisedale brow past Red Tarn and then the final pull up swirral edge to the welcome prospect of the summit. The visibility is good but a bit hazy on the top

as we tighten shoelaces, pull rucksack straps in closer and set off down the rough boulder track to Lower Man and Glenridding common. Our experience helps here as we overtake other runners less confident on the loose stones.

A fit hillwaker can expect to do this route on Helvellyn in around 4 hours. The lead triathletes complete the whole event in 3:45. Kirsty finished in under 6 hours and I am a little ahead of her. Happy Birthday.

PS:

A swimming wet suit is an unforgiving item of clothing. Getting into one involves a combination of contortionism and extreme language. Once 'suited' it is best not to look in a mirror. I am convinced that the manufacturers must put extra buoyancy around the waist; surely those bulging bits can't belong to me? The brightly coloured, tight rubber swim hats have to be worn for safety reasons. However putting one on reminds me of another more widely available rubber item – also used to prevent accidents!

A racing bicycle is a thing of beauty and elegant engineering. It certainly makes doing a triathlon easier. But lots of people start in the sport with a mountain bike using smooth, 'slick' road tyres and in some sections of the Helvellyn Tri they were moving better than the road cyclists.

Does anyone know of a swim coaching session run by a pair of fit gorgeous sisters?

Eamon Staunton



Navigation by cake!!
A superbly iced map of Godshill for Kirsty's birthday

A weekend in the hills or the Mountain Marathon 2006

Whilst many of the club were enjoying the unseasonable warmth at Somerley an intrepid band of WIM's spent a testing weekend in the hills of Galloway competing in the Mountain Marathon. After a pre-race 'House -party' in a local youth hostel the teams set off in mild, very damp and very misty conditions on Saturday morning. With terrain that apart from being very hilly comprised deep heather and tussocks, everyone found navigation a major challenge with visibility measured in yards for much of the day and late arrival at the finish resulted in time penalty points for many. However, Sunday dawned fine, calm and warm and everyone had a much better day. Noel Smith and his partner made excellent time to be placed 38th in the Medium Score class, whilst Paul Pickering and Tom Staunton recovered from a frustrating first day to be placed 81st in the same class. Sue Hands & Nikki Crawford were 58th in the Short Score class and 12th in the handicap class. With the improved weather everyone 'enjoyed' their 2nd day on the hills even admitting to the quality of the scenery. Kirsty's partner, who clearly has an eye for romantic beauty at one point announced that she could 'see the sea' only to be told that she must be hallucinating! If you want to be made to feel tired or inspired to have a go then get in touch with anyone who took part. Once started they can't stop talking about it!

The Big Time

It was back to Canford again on November 3rd for a presentation evening by Helen Bridle on her recent international competitions.

Almost 50 orienteers, from WIM, WSX and SARUM heard Helen tell the story of her recent successes. Slides began with Helen as a little girl in an old style WIM O suit and culminated with her podium position on the World Champs and World Student games.

The audience were treated to an account of the demanding training schedules and techniques used by top competitors which include physical, mental and psychological training to allow them to focus totally before and during a race when self belief is paramount. Helen praised the facilities of her local club in Gothenburg and commented that she had made many firm friends in Sweden. After her initial presentation Helen answered many questions from the appreciative audience.

Dick Keighley thanked Helen for her talk and on behalf of the club presented Helen with a certificate of life membership of WIM in recognition of her outstanding achievements in international orienteering. A buffet of Canford's excellent food was enjoyed, while everyone looked in awe at maps of highly technical courses that Helen had recently run in various parts of Europe.

Club Championships – The Founder's Trophy 2006

The wonderful autumn weather of the November Classic was the venue for the inaugural WIM Club Championships in memory of our founder Ron Wilton. There was an excellent turnout of 46 WIM's competing and John Shucksmith and Trevor Bridle have battled with the mathematics to produce a result.

1st Sue Hands W55

2nd Chris Branford M60

3rd Penny Harwood W75

Congratulations to them all. Congratulations also to Michelle Spillar who won the W21L course. If you think that makes the formula used to calculate Club Champs in need of improvement then its over to you to produce an improved version! Contact John Shucksmith or Trevor Bridle with your idea!

Forthcoming Events

All events use electronic punching

November

Saturday 11th WSX Informal – Sugar Hill – Wareham.

Contact: Richard Arman 01202–695937

Sunday 12th WIM Galoppen – District Colour Coded – Ringwood Forest North

GR: SU122088 . Contact: Hilary & Joanne Pickering 01425-657202

Saturday 18th SARUM Day/Night –Wessex Night League – Cannimore Woods

Longleat GR: ST642438. Contact: Richard Thornton 01722-320872

Sunday 19th BADO District Colour Coded – Chawton Park – Alton GR:SU670373

Contact: Mike Broderick 01256-351624

Saturday 25th SO Southern Night Champs – Oldhouse Warren – Crawley

GR:TQ311341. Contact: Jaquie Drake 01273-400603

Sunday 26th SLOW Regional Badge – Winterfold. Parking at Cranleigh the bussing

GR: TQ 059389. Contact: Teresa Turner 01306-711201

Also BOK Galoppen Colour Coded & Yvette Baker heat – Moseley Green

Cinderford GR:SO622066 Contact: Howard Thomas 01225-334611

December

Sunday 3rd SARUM Galoppen – District Colour Coded – Everleigh – Tidworth

GR:SU199558 Contact: Heather Haskins 01980-600897

Also SYO National Event – Burbage Moor – Sheffield GR:SK273805

Pre entry only. See website for details.

Also SAXONS Regional Badge – Forest Row – Ashdown Forest

See website for details

Sunday 10th BKO District Colour Coded & Yvette Baker final – Hermitage –

Newbury GR: SU 521733 Note: Early Reg. And Start times

from 9.30 - 11am only.

Saturday 16th WIM 'Not the Night Owl, Wessex Night League – Clayesmore School

Iwerne Minster GR:ST865146. Contact: Dick Keighley 01258-860935

Tuesday 26th WIM Boxing Day Canter – Moors Valley Country Park – I hour Score

Event with mass start at 11am GR: SU114047 (new location)Entry to

forest by traffic lights at Ashley Heath opposite 'One Stop'shop

Contact: Keith Henderson 01425-476568

January 2007

Monday 1st SARUM New Years Day Score – Longleat – Warminster

GR:ST833431 Mass Start at 1pm.

Contact: Shirley Robinson 01264-396655

Also BKO/BADO Score - Greenham Common - Newbury GR:SU500646

Sunday 7th DEVON Galoppen District Colour Coded – Bullers Hill – Exeter

GR: SY898838 Contact: Eleanor Taylor 01626-859365

Sunday 14th NGOC Galoppen – District Colour Coded – Mallards Pike N.-

Cinderford – Forest of Dean GR:SO651127

Contact: Roger Coe 01594-510444

Sunday 21st NWO Galoppen – District Colour Coded – Cranham Wood-

Gloucester GR: SO907124 Contact: Nina Stimson 01793-535759