



Website: www.wimborne-orienteers.org.uk

WAFFLE

January 2007

Chairman's Column

Firstly, if I haven't already seen you in the forest, a Happy New Year to you all.

Traditionally at the beginning of a new year we often set ourself goals for the year in the form of New Year Resolutions. Some of my goals for the club this year were set out in this column in the previous Waffle and we have already made good progress in a number of them.

Led by Lynn Branford, we have driven forward in our aim to achieve the Clubmark award. Any sports club working with juniors and liaising with schools is being encouraged to adopt the Clubmark scheme and there are signs that shortly some local authorities will not allow schools to work with any clubs which do not have Clubmark. Wimborne Orienteers are fortunate in having a large number of qualified coaches, we have now attended the necessary administrative courses and we hope to be able to qualify for the award sometime in 2007.

We are also liaising with our other local orienteering clubs in co-ordinating such things as junior coaching and training, and in such things as local fixtures. This year, for example, we have been able to use SOC local events for the Dorset Schools League.

Later this year we will be heavily involved, along with our neighbours Sarum, in the British Schools Orienteering Championships. Again, progress has been made recently. Chris Branford has been appointed the event co-ordinator, permissions have been gained for all the areas we wish to use, a joint steering committee has been established between ourselves and Sarum, and by the time you read this, most of the major officials will have been appointed. Please put the weekend of November 17/18 in your new diaries now. This is a major event, with an anticipated attendance of perhaps 1000 or more children, and we will be needing lots of assistance on both days.

Major events bring their own problems and our forthcoming Regional event at Ibsley Common was in doubt until we found a suitable parking area. After much head scratching and lots of lateral thinking by the organiser, Kirsty Staunton, a solution was found. Bussing competitors to events is common in other regions, but not something we have often contemplated in the past. It is, however, the solution for the Ibsley event and may well become common practice for major events in our area in the future.

Finally, if you are going to the JK this Easter, I hope you will be able to find the time on at least one of the days, to assist the WIM team organising the Trail-O events. You can read more about this elsewhere in Waffle.

Dick Keighley

Wimborne Orienteers Founders Trophy

Ron Wilton founded Wimborne Orienteers in 1969, and when Ron died last year the Committee agreed that a Founders Trophy should be awarded annually in his memory. It was decided that the Founders Trophy would be awarded to the fastest (age adjusted) performance at the November Classic, using the BOF speed ratios for the age adjustments. The competition is open to all club members junior or senior, but competitors must run on their eligible course, and short courses are not eligible. Congratulations to Sue Hands who will be awarded the Trophy for her performance at the 2006 November Classic. A full list of results for the 2006 competition is on the web site.

Apologies to those competitors who had already entered the 2006 Classic before we gave notice of the competition, and details of eligible courses. Sue Hands was a clear winner and was actually faster than any of the ineligible juniors or short course competitors. However the short course speeds are shown on the web site to encourage some of those junior or senior members to run their eligible course in 2007. The competition will be held with the November Classic and eligible course details will be published in the September waffle and on the web site as a reminder before you enter.

John Shucksmith

(Congratulations to Sue who is one of our consistent and most worthy winners, but I wonder whether the 'age adjusted' formula for scores needs tweaking? Michelle won the W21L course, yet didn't appear anywhere near the top of the Founders Trophy list! I'm not a mathematician, but surely you can't do better than win W21L? Ed.)

Annual Dinner

This year's annual dinner will be hosted by Wessex OC, who plan a fancy dress (medieval) dinner dance at the Courtyard Centre, Lytchett Minster on Friday February 9th.

The cost will be £25 per person, payable to 'Wessex O.C.) and sent by 31/01 to Ian Sayer, 68, Kings Avenue, Christchurch, Dorset. BH23 1NB.

New 'O' tops

In the very near future we expect to receive new O tops which have been ordered for us by Tim Britton. If you like what you see modelled in all shapes and sizes, then another order can be sent soon.

Tim has been one of our best M21 competitors, and his work has now caused him to move to Bristol. We are delighted that he intends to retain his WIM membership, and thank him for his work on the committee. He will of course be soon recruiting for the Dorset Coast Path Relay team of 2007!

Membership

We hope that you have all received your membership cards for 2007.

Remember that they will need to be shown at events to claim a £2 discount.

We hope to be able to issue the 2007 membership list with the March Waffle.

Hong Kong Champs/ APOC 2006/07

Many congratulations to the Pickerings who spent Christmas in Hong Kong where they took part in the Hong Kong/Asia Pacific Championships. They have returned with 3 medals:

Jo came first in APOC Sprint distance

Hilary came first in APOC Middle Distance

Kevin came first in APOC Middle Distance

They also received certificates for coming first in APOC Long Distance (Jo, Hilary and Kevin).

We look forward to reading all about their adventures in the next Waffle.

Wimborne Orienteers Club League

National, regional and district events within a reasonable distance (about 50 miles) are included in the club league.

The planner, organiser and the controller of a qualifying event score 80 points.

Events with age grouped courses (ie. National and Regional events)

- For seniors ONLY the badge courses count towards the league
- For the *L* and *A* courses the score is the percentage compared to the speed of the winner.
- *S* and *B* courses the score is the percentage compared to the faster of the winner of the *Short/B* course and the winner of the equivalent *Long/A* course.
- Junior badge courses are treated individually, without the separation of competitors of different ages.
- Juniors running colour coded courses at regional events will have their results transferred to the corresponding age group classes.

District Events (ie Galoppens)

Course/Age groupings

Brown	M 20-40	
Blue	M 18, 45-55	W 21,35
Green	M60+	W 40+
Light Green	M 16	W 16, 18
Orange	M14	W 14
Yellow	M 12-	W 12-

For the Club League the course winner is deemed to be the first person of the correct or lower course/age grouping to finish (those running 'down' a course do not count as the course winner)

Score is percentage compared to the speed of the course winner.

Those running 'down' lose 20% of their score per course.

It is anticipated that the following events will count towards the club league for the first part of 2007.

January 7 th	SOC District Event	Reptile centre
February 18 th	WIM Regional Event	Ibsley Common
March 4 th	SOC District Event	t.b.c.
March 18 th	Compass Sport Cup Round One	t.b.c.
March 25 th	SARUM Regional event	Grovely Woods
West		
April 1 st	WSX Regional event	Rushmore
April 29 th	BOK Trot Regional event	Gaer Hill

For reasons of space we have printed the first 70 places in the final league of 2006. The full list is on the WIM website. If you have any queries please contact Simon Branford whose E mail is: zero@owls-count.net

Wimborne Orienteers Club League

Place	Name	Class	A	B	C	D	E	F	G	H	I
1	T. Furlong	M16	75		100	82		76	85		
2	M. Spillar	W21	83	66	80	66	87	73	93		100
3	S. Hands	W55	98	52			91	63	72		97
4	T. Horsler	W35	81	77	100	72	86	60	76	63	69
5	K. Staunton	W45	80	80	95	74	80				75
6	J. Shucksmith	M55	90	87	80	79	77	77	63	76	68
6	V. Crawford	W65		69	100	93	100				61
8	C. Branford	M60	83	80	69	77	70	63	79	0	90
9	R. Brightman	M65		61	82	71	77	66	80		82
10	S. Horsler	M40	78	79	79	71	68	56	0	52	73
11	K. Henderson	M60		78	82	76	68				75
12	S. Lawrence	W70	100	65	77	75		45	48	32	79
13	R. Hills	M70	73	71			64	78		70	
14	J. Pickering	W18	75			58		93	79		63
15	K. Hodge	W12	74	60	91	63		53			91
16	D. Bland	M65	71	82	49	54	58		66	53	70
17	J. Bland	W65	83	67	85	69	54		52	37	64
18	J. Stanley	W55	67		62		76	58	71	48	73
19	K. Pickering	M55		58		82			63		65
20	M. Christopher	M50		68	64	71				64	69
21	H. Bolton	W40	62	83	72	66	64	60	57		
22	J. Warren	M65		80	69	47		61	80	45	57
23	E. Brett	M50	66	79						67	58
24	T. Britton	M21	80	83	96	89		0		40	
25	M. Furlong	M45			70	61		67	55		
26	B. Warren	W70		60	100	62		39	57	35	68
27	K. French	W35	80		93			62			74
28	L. Branford	W55			56	52	75	58	67	65	57
29	H. Pickering	W50			71	59		62	58		43
30	J. Walmsley	M50		0	60			58	66	49	69

31 M. Kite	M55	65	62	57	56	59	53	60	47	57
32 C. Hodge	W14	50	67	74	42		45			81
33 J. Ranson	M21	100	92			81		78		
34 R. Moore	M50	53	67	42						63
35 M. Hawker	W40			68	87		61		56	61
36 D. Tonge	M65	63	0	55	43	41		47		58
37 C. Christopher	W55		74		64				59	46
38 M. Bentley	M35		55		60		65			
39 M. Heath	M70		71	44		47	38	47	43	65
40 A. Bolton	W16	66	100				81			
41 S. Hawker	M40			59	60				63	61
42 E. Staunton	M50			51	63	51				
43 A. Bentley	M10	42		55	35		67			
44 J. Crompton	W65			90	68					81
45 B. Hodge	M40	50	40		56		50			40
46 N. Smith	M40	75	52		73					
47 D. Warne	M40	65			54			54		49
47 B. Roberts	M21			94	89		88			
49 J. Tilsley	M60		86		58		53			55
50 T. Bridle	M60				60			73		64
51 J. Smith	W35		48				48			63
52 C. Warne	W40	43			49			41		47
53 A. Brett	M21				74		77	87		
54 P. Harwood	W75	36					37	59		74
55 D. Tilsley	W50		61		61					68
56 S. Branford	M21				62	59		65		0
57 J. Richardson	W35		28				30	30	26	37
58 P. Fale	M70		52			53				
59 M. Buckland	W60		94				0			

60 A. Dobson	M21			79		81
61 S. Spillar	W55		54	53	50	
62 N. Smith	M16	63				
63 P. Staunton	M16	81		59		
64 B. Penny	M60	49	47			
65 J. Warne	M16	52		53		
66 A. Mitchell	M35					45
67 C. Evans	M50					59
68 R. Keighley	M60					30
69 W. White	W60		38			52
70 E. Evans	W50					42

Events:

- A. 5th February - WIM: Godshill (44)
- B. 5th March - SOC and WIM: Burley (47)
- C. 26th March - WSX: Holmsley and Dur Hill (41)
- D. 9th April - SN - CSC: Wisley (53)
- E. 30th April - BOK: Stourhead (24)
- F. 10th September - SOC: Redshoot (47)
- G. 16th September - WSX-WIM: Bovington (34)
- H. 8th October - SARUM: Collingbourne (22)
- I. 5th November - SOC: Wood Crates (47)
- J. 12th November - WIM: Ringwood North (45)
- K. 3rd December - SARUM: Everleigh (33)

Average WIM attendance: 40

AROUND ALDERSHOT RACE - SATURDAY 30 DECEMBER 2006

Having attempted the around Aldershot long mountain bike race last year and failed to finish Madeleine and I decided this year that the short race of just 18.4K would be the one to do. We were to be joined by Peter Fale and another of our regular mountain biking friends, Grahame Austin. However on Wednesday 28 December both Madeleine and I went down with the chesty cough virus so much so that Madeleine decided that she would not be able to compete but as my cough was not quite so bad I felt able to go.

Peter Fale therefore arrived at my house at 8 am his car having a device to carry 3 bicycles and so we loaded up and set off. As Madeleine was not joining us it was soon decided that we 3 'boys' would not do the short race but go for the long of 28.6K. We arrived at Aldershot at 9.30 am with the first start time being 10.30 am. Being organised by BAOC they had Registration, Start and Finish in the athletics stadium with tartan track, main stadium offices for Registration and Download including hot and cold drinks plus very welcome showers when we finished.

So having registered and changed to the long course we prepared to set off at 10.30 am in dry and bright conditions which after the wet and windy weather of the day before was definitely a bonus. This year's race was so much better in that we set off from the centre of Aldershot with the course being a figure of eight passing the stadium after the first 18.4K which was also the short course.

We were soon out of the town on a network of paths and straight into Mytchett which was contoured but most of the tracks easy to ride. 8 controls on Mytchett and then we moved onto Ash Ranges where it was much more exposed and not so easy riding some of the tracks being very

wet and muddy. We left this area through the actual ranges where we have parked for 'O' events and so it was back through the footpaths of the town to the stadium and then along the canal footpath to take us to Long Valley.

By this time the weather was on the change and as we picked up our second control on Long Valley the rain started. Long Valley is very sandy and the large gravel tracks are undulating and were full of water from the day before. By now we were getting tired and with the rain these last few controls seem to take an age. However we eventually get back into town and just 400 metres from the Stadium Grahame gets a puncture in his back tyre. With the rain now lashing down we eventually download to find we have taken 4 hours 24 minutes exactly twice the time of the winner who took 2 hours 12 minutes. All I can say is that we went round together, we thoroughly enjoyed the day, we kept going all the time, it partially cured my cough but we obviously need a bit more training before next year. However after loading the bikes back on the car in the rain the hot showers were fantastic and we are already looking forward to next year's event.

In addition to the two mountain bike courses there were also long and short foot 'O' courses being 18.4K and 10.5K respectively. Our thanks go to Alan Farrington the organiser and Dave Rollins the planner.

Trevor Bridle

JK Trail-O, April 7-8

As you will know by now, this year's JK is mainly in the Forest of Dean with SWOA responsible for Friday to Sunday's events and SCOA doing the relays in S Wales on the Monday. As a club, WIM have undertaken to provide the manpower to run the Trail-O events and the editor of Waffle has asked me to explain what this might entail.

I have undertaken to plan the courses for both days, assisted by Keith Henderson. We will need help in setting out the controls, as well as helpers to man registration, the Start/Finish and the timed controls. The intention is that everyone who wishes to will be able to run their own Foot-O courses, although possibly with either an early or late start. We can re-arrange these nearer the date of the event, meanwhile if you are running, go ahead and enter as usual

On the Saturday, the Trail-O event is in Nine Wells Plantation, next to the Royal Forest of Dean College, which is also being used as one of the main car parks for the whole event, with the Foot-O being on the other side of the main road, with the main start about 10 minutes walk away. The JK finish & Assembly area is also about 10 minutes walk away. We hope to have the use of a classroom for registration/results processing.

On the Sunday, the Trail-O is in the (only) flat part of the Sallowvallets forest used by the Foot -O on the day before. Parking will be on a couple of forest tracks and the administration will run from the club tent. The main JK parking is in a large field next to the Speech House Hotel, about 5-10 minutes away from the Trail-O by car, with the assembly area, finish and most of the starts 5-10 minutes walk from the parking field.

The Trail-O event will operate between 10.30 and about 3.00, with the Elite competitors starting between 10.30 & 12.30 and the Come & Try it course operating between 12.30 & about 2.00. This will allow the orienteering public to do the Trail-O after they have run their JK courses, with those wanting to do the Elite course having an early start with us before going off to run their foot-o course.

Only the Elite Trail-O course has timed controls which means that we will probably need fewer helpers in the afternoon than in the morning.

Once I know which members of the club are going to the JK I will be in touch with you in the hope that you will be able to help at some time over the two days.

Dick Keighley

Autumn events

It's been a busy autumn for WIM with three very successful events enjoyed by a large number of competitors.

The Galoppen, held in glorious autumn sunshine attracted a large turnout to enjoy the tough terrain of Ringwood Forest North. As usual it was the culmination of a lot of effort over many weeks, and thanks go to Noel Smith and the Pickerings for planning and organising the event.

In complete contrast, 'Not the Night Owl' held at Clayesmore School was held on a starry, very cold December evening. Dick Keighley had produced a new 'Sprint O' map with courses to suit both juniors and dedicated night orienteers. Fast runners were literally steaming as they waited to download, whilst on the junior courses you could 'hunt the light sticks' which were attached to control stakes. Afterwards everyone could get warm and enjoy a Barbecue created by Chris Branford.

The annual Boxing Day Canter goes from strength to strength with this year almost 300 people enjoying a post-Christmas workout at a new location in Moors Valley. Keith Henderson led the team putting on the event with the innovation of a punching start at the Mass Start! It made things much less stressful for all concerned!! It was a real pleasure to see such a wide range of people enjoying themselves and particularly as they all got back in time to have everything packed away by 1.30pm. Thanks not only to Keith but also to 'Father Christmas' (Trevor Bridle) and the Christmas Fairy (Anne Bolton) for taking time off from their Christmas duties to visit Moors Valley!





Images of the Boxing Day Canter 2006 by kind permission of Jon Brooke (WSX)

Winter Warmer, Sunday 18th February 2007

This year's regional event is to be held in the New Forest, on Ibsley Common. Ibsley Common is on the western edge of the New Forest just north of Ringwood. It is a high and exposed plateau surrounded by many tricky re entrants! Ibsley Common is owned by the National Trust and after some delicate negotiations we have permission for events in winter provided that there are no vehicles parked on National Trust land.

Finding a car parking area large enough for this event has been tricky, there are several large fields close to the event area but they are used by horses and livestock which are brought in from the forest during the winter. These fields also looked very wet during the recent rain! We looked further afield and are now going to use the Headland Business Park, it is a small industrial estate with *hard standing* car parking available. It is situated just off the A338, north of Ringwood and 10 mins drive from Ibsley Common. We have permission from most of the business owners to use their car parking places and they have agreed that the car parking fee should be donated to the Teenage Cancer Trust, a registered charity. The registration tent and download will be located at the business park. Competitors will be bussed to the start (+800m walk) and back to the car park. I realise that being transported to and from the event area is not ideal but it was the only solution. Just like all Wims major events we are going to need lots of help from the club members. I have spent the last couple of days making a long list of 'tasks' and I shall be on the phone in the New Year!!! If you fancy trying something new, maybe helping at the start or directing cars and getting a chance to use the 'big yellow hand', or managing the clothing dump – it's in a nice sheltered spot..... then let me know. (01425 – 653629).

This year we are asking everyone wanting to run a Badge course to pre-enter via Cris Tween. The closing date is Monday Feb. 5th, after which there will be a late entry fee, but Cris will take entries by telephone up to Friday Feb. 16th if there are maps available. There will be White, Yellow, Orange and Light Green courses available for Entry on the day.

Kirsty Staunton

CompassSport Cup 2007

The club has entered for the 2007 competition and after our brilliant performance last year we need everyone available to run on Sunday March 18th at the regional heat which is taking place near Wells in Somerset. Details will be out soon but please put the date in your diary now. **Your club needs you!**

Juniors

I have recently been elected as Junior Representative and hopefully there will be a junior section in Waffle each month, telling you about recent and future events that have taken place, so look out for it!

We had a great day at Ringwood North on 2nd December for the junior training event with a fairly good turnout. Different sections of activities were provided for the different age groups including games, challenges and a mini relay.

Dates for your diaries:

13th January Quantock Training event – Ham Hill, Yeovil
Any queries contact Keith Henderson on 01425 476568

3rd February SOC Training event – New Forest
Also WIM Night Owl Event – Inside Park, Blandford

Come and have another chance to hunt the 'light sticks' There will probably be a Barbecue afterwards.

4th February Schools League event 7 - Inside Park, Blandford

1st April League event 9 - WSX Galoppen, Rushmore

(More events to be planned by Wessex and Sarum that will be shown at a later date.)

Come and have a go and I hope to see you there.

Jo Pickering

Forthcoming Events

S/I, EMIT indicates electronic punching

January

- Sunday 14th GO Regional Badge Event – Waggoners Wells – Hindhead
GR: SU853333. Pre-entry closed. Contact: Alistair Doyle
01428 – 724297. *S/I*
- Also NGOC Galoppen – Colour Coded – Mallards Pike – Cinderford
Forest of Dean GR: SO651127. Contact: Roger Coe
01594 – 510444 *S/I*
- Saturday 20th WSX Local event – Hethfelton – Wareham GR: SY858875
Contact: Celia Robertson 01305 – 832324
- Also QO Wessex Region Night event – Montacute – Yeovil GR:ST498168
Contact: Richard Sainsbury 01823 – 288405
- Sunday 21st HH Regional Badge Event – Ashridge – Berkhamstead
GR: SP979131. Pre-entry by 07/01/07 Contact: Susan Marsden
01923 – 225197 *S/I*
- Also North Wilts O – Galoppen Colour Coded – Cranham Wood - *EMIT*
Gloucester. GR: SO907124. Contact: Nina Stimson 01793 – 535759
- Sunday 28th BKO Regional Badge Event – Hawley – Camberley GR:SU823584
Pre-entry by 09/01/07 Contact: Tim Booth 01189 – 734662 *EMIT*

February

- Saturday 3rd WIM Night Owl/Wessex Region Night League – Inside Park – *S/I*
Blandford GR: ST864052. Contact: Chris Branford 01258 – 453716
- Sunday 4th WIM Schools League/Informal – Inside Park – Blandford Grid ref
and contact as above. *S/I*
- Also TVOC Chiltern Challenge – Regional Badge Event – Wendover
Woods. GR: SP892100. Pre-entry by 21/01/07 Contact:
Bob Beresford 01628 – 484639 *EMIT*
- Also Devon District Colour Coded – Virtuous Lady – Yelverton *S/I*
GR: SX497694 Contact: Mike Hosford 01803 – 833806
- Also BOK District Colour Coded – Worlebury Woods -Weston super Mare
GR:ST 326626 Contact: Jonathan Hurford 01179 – 735931 *S/I*
- Friday 9th WSX/WIM Dinner Dance – Courtyard Centre – Lytchett Minster
Closing date: 31/01/07 (See note elsewhere in Waffle)
- Saturday 10th British Night Champs – Sheringham – Norfolk GR:TG139412 *S/I*
Pre-entry by 31/01/07 Contact: Pam Jermy 01603 – 482773
- Also SOC Day and Night informal event – Ocknell – New Forest
No further details available
- Sunday 11th SN District Colour Coded – Congo Stream – Woking GR:SU937552
Contact: Paul Keebel 01483 – 489868 *S/I*
- Saturday 17th WSX Region Night League – Hethfelton – Wareham GR:SY858875
Contact: Gavin Clegg 01202 - 678350
- Sunday 18th WIM Winter Warmer Regional Badge Event – Ibsley Common *S/I*
Ringwood GR: 1500067 Pre-entry only on Badge courses by 05/02
Contact: Cris Tween 01258 – 861804
- Colour Coded courses - EOD. (**See article elsewhere in Waffle**)
- Sunday 25th MV National Event – White Downs – Dorking GR:TQ171506 *S/I*
Bussing from Friends Provident - Dorking. Pre-entry only by 08/02/07.
See website for details. Organiser: Michael White 01306 – 888886
- Also DEVON Long O – Woodbury Common – Exmouth GR:SY040847
Courses: 12k & 18K. Pre-entry for laminated map by 13/02/07.
Contact: Roger Green 01392 – 278512 *S/I*

March

Sunday	4 th	SOC District Colour Coded and New Forest Long O - Hampton Ridge – New Forest. GR:SU217131. Pre-entry for Long O (See SOC website/flier) EOD for other courses. Contact: Jes. Dickin 02392 – 410164	<i>EMIT</i>
Saturday	10 th	WSX Informal Local – Rempstone – Corfe. GR:SY992835 Contact: John Hartley 07930 – 440813	<i>S/I</i>
Sunday	11 th also	SROC National Event- Whitbarrow Scar – Kendal (See website) SO Regional Badge Event – Oldhouse Warren – Crawley GR:TQ297326 Pre -entry by 24/02/07 Contact: Jaqui Drake 01273 – 400603	<i>S/I</i>
Sunday	18 th	CompassSport Cup – Round 1 -(BOK) Walcombe – Wells GR:ST550470. Contact: Katy Dyer 01179 – 684173	<i>S/I</i>
Sunday	25 th	SARUM Regional Badge Event – Grovely Woods – Wilton GR:SU025348 Pre-entry by 09/03/07 Entries contact: Brian Hart 01794 - 390593	<i>EMIT</i>